



## **Axial Spondyloarthritis/Ankylosing Spondylitis Physiotherapy Assessment & Management Workshop**

**Course Tutors:**

**Melanie Martin MSc MCSP (Advanced Physiotherapy Practitioner in Rheumatology)**

**Heather Harrison MCSP (Senior Rheumatology Physiotherapist)**

**Saturday 2nd March 2019– Sunday 3<sup>rd</sup> March 2019**

**Physiotherapy Department  
Alexander Donald Building  
Western General Hospital  
Crewe Road South  
Edinburgh  
EH4 2XU**

This workshop has a high content of practical work in the physiotherapy gym and hydrotherapy pool. Topics covered also include: Pathology, Aetiology, Psychosocial Issues, Outcome Measures with application of the Bath Indices, and biologic therapy use in axial spondyloarthritis.

This workshop is open to physiotherapists, technicians, gym instructors & physiotherapy students working in rheumatology, with local NASS groups or those who have an interest in axial spondyloarthritis.

**Price: £240**

For application contact: Gill Brownlie, Physiotherapist

Email: [gill.brownlie@nhslothian.scot.nhs.uk](mailto:gill.brownlie@nhslothian.scot.nhs.uk) (in January email [harrison49york@aol.com](mailto:harrison49york@aol.com))

## TRAVELLING TO VENUE

### **Car:**

Car parks available for free over weekends accessed via Porterfield Road or Telford Road. Spaces are limited on the hospital grounds. Local parking on residential streets is free over the weekend but may also be limited.

### **Bus:**

Crewe Road South – 19, 24, 37, 113, 38, 47, 29

### **Railway stations:**

Haymarket Station

Waverley Station

**National Rail Enquiries:** 08457 48 49 50

### **Flying:**

Edinburgh Airport – Airport bus 100 or Tram to Haymarket

On entering the WGH at Porterfield Road, proceed through the entrance of the Out-Patients Building and walk along the North Corridor at ground floor level to the far end. The Physio dept is on the left hand side. Look out for AStretch signage in corridors too.

