2019 MEMBERS DAY DRAFT AGENDA – SUBJECT TO CHANGE NATIONAL CONFERENCE CENTRE COVENTRY ROAD SOLIHULL B92 0EJ T: +44 (0) 121 704 2784		
09.00 - 09.30 (30 min.)	Premier room Ground Level	**Registration, Reception & Photos**
09.30 - 09.40	Compton room Ground Level	**OPENING REMARKS** • **'Our Year At NASS' welcome video** • **Greeting & Housekeeping** NASS CEO Dr. Dale Webb & Chairman Raj Mahapatra
09.40 -10.55	Compton room Ground Level	**PLENARY SESSION I** *This session will be recorded.* • **Update on latest research developments in axial SpA (AS)** Presentation by a Rheumatologist • **Every Patient, Every Time: what's it all about?** Presentation by Dr. Dale Webb
10.55 - 11.15	Premier room Ground Level	**Break: tea, coffee and biscuits**
11.15 – 12.15	Compton room Ground Level	**NASS AGM** • **Approval of report, account and resolutions** Led by NASS Chair & NASS CEO
	Ballacraine room -1 Level	**FRIENDS & FAMILY SESSION** **The Game of Life** *Delegates who are unable to cast votes in the AGM* *are invited to take part in this alternative session*
12.15 - 13.15	Premier room Ground Level	**Buffet Lunch & Chat with the NASS Team**

13.15 – 14.00	Ballacraine room -1 Level	**DEEP DIVE SESSIONS** **A. Managing pain with mindfulness**
	Bracebridge room -1 Level	**B. Top tips on self-care: bridging the gap between appointments** Presenter TBD
	TBD	**C. The functional genomics of ankylosing spondylitis** Professor Julian Knight, University of Oxford
14.00 – 16.10	Premier room Ground Level	**'Ask the Expert' advice surgeries begin** *Conversations with health professionals and researchers,* *available by bookable 10-minute appointments between 14.00 and 16.10*
14.00 – 14.05	**Delegates move to join first of three rotating group activities.**	
14.05 - 14.35 **14.40 - 15.20** **15.25 - 16.05**	Ballacraine room -1 Level	• **Bhangra dance**
14.05 - 14.35 **14.40 - 15.20** **15.25 - 16.05**	TBD	• **Activity 2 TBD**
14.05 - 14.35 **14.40 - 15.20** **15.25 - 16.05**	Bracebridge room -1 Level	• **Activity 3 TBD**
16.10-16.30	Compton room Ground Level	**CLOSING REMARKS** • **Re-convene AGM to announce voting results** • **Exercise prize pack giveaway** • **Feedback and photo collection** • **Closing remarks**