



## Virtual appointments resource sheet

Date and time:

Name of healthcare professional:

List your medication:

Any changes to your health since your last appointment (including scans, blood tests, operations)?

How has your axial SpA been since your last appointment?

You can do your BASDAI score at [www.BASDAI.com](http://www.BASDAI.com)

BASDAI score today: \_\_\_\_\_

What are the main questions or issues you would like to discuss today?

If you could change one thing today, what would it be?

Use this space to take notes during your appointment

What are the next steps for your management or treatment?

How long until your next appointment?

Next appointment will be:

Face-to-face     Telephone     Video call

