

# Claire Jeffries



Physiotherapy Clinical Specialist in Hydrotherapy and Rheumatology  
Solent NHS Trust

Claire leads services for Axial Spondylarthritis (including Ankylosing Spondylitis) in the Portsmouth District. Her role involves both biologic screening and annual review clinics alongside treatment for patients within the hydrotherapy pool. Claire has joined the National Axial Spondyloarthritis Society (NASS) medical advisory board. She has worked closely with the charity on many projects to support member and patient education on exercise and physiotherapy management of the condition. In January 2020 Claire became Chairman for AStretch and continues to organise the AStretch conferences.