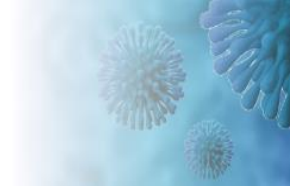




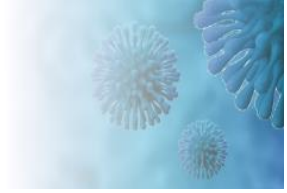
THE IMPACT OF THE COVID-19 PANDEMIC ON PEOPLE LIVING WITH RHEUMATIC CONDITIONS

REUMAVID - FIRST PHASE



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1. Sample description

1.1 Sociodemographic characteristics

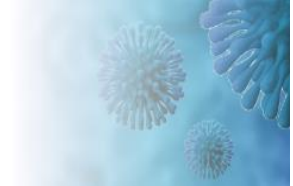
1.1.1. Distribution by age

Table 1.1. Age of survey respondents by country (N = 1,800)

	Age			
	N	Mean	SD	Median
Overall	1800	52.6	13.2	52.0
UK	558	58.5	13.4	60.0
Spain	464	49.8	12.0	49.0
France	229	54.2	14.1	55.0
Greek	57	46.8	10.1	46.0
Cyprus	101	48.2	12.3	48.0
Italy	127	49.8	11.2	51.0
Portugal	264	48.1	10.8	47.0

Table 1.2. Age category of survey respondents by country (N = 1,800)

	Age Categories n (%)			
	18-34 years old	35-51 years old	52-68 years old	>68 years old
Overall	145 (8.1)	715 (39.7)	703 (39.1)	237 (13.2)
UK	32 (5.7)	123 (22.0)	259 (46.4)	144 (25.8)
Spain	37 (8.0)	223 (48.1)	176 (37.9)	28 (6.0)
France	21 (9.2)	79 (34.5)	90 (39.3)	39 (17.0)
Greek	6 (10.5)	29 (50.9)	21 (36.8)	1 (1.8)
Cyprus	11 (10.9)	54 (53.5)	30 (29.7)	6 (5.9)
Italy	14 (11.0)	55 (43.3)	52 (40.9)	6 (4.7)
Portugal	24 (9.1)	152 (57.6)	75 (28.4)	13 (4.9)



1.1.2. Distribution by gender

Table 1.3. Distribution of participants by gender (N = 1,800)

	Gender n (%)		
	Male	Female	Other
Overall	355 (19.7)	1442 (80.1)	3 (0.2)
UK	119 (21.3)	439 (78.7)	0 (0.0)
Spain	157 (33.8)	306 (65.9)	1 (0.2)
France	34 (14.8)	194 (84.7)	1 (0.4)
Greek	6 (10.5)	51 (89.5)	0 (0.0)
Cyprus	8 (7.9)	93 (92.1)	0 (0.0)
Italy	17 (13.4)	110 (86.6)	0 (0.0)
Portugal	14 (5.3)	249 (94.3)	1 (0.4)

1.1.3. Distribution by Relationship Status

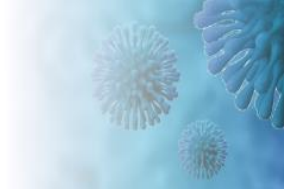
Table 1.4. Distribution of participants according to marital status (N = 1,800)

	Marital Status n (%)			
	Single	In relationship/married	Separated/ divorced	Widower/widow
Overall	287 (15.9)	1253 (69.6)	195 (10.8)	65 (3.6)
UK	81 (14.5)	395 (70.8)	51 (9.1)	31 (5.6)
Spain	70 (15.1)	346 (74.6)	37 (8.0)	11 (2.4)
France	37 (16.2)	145 (63.3)	36 (15.7)	11 (4.8)
Greek	17 (29.8)	33 (57.9)	7 (12.3)	0 (0.0)
Cyprus	15 (14.9)	67 (66.3)	14 (13.9)	5 (5.0)
Italy	33 (26.0)	75 (59.1)	18 (14.2)	1 (0.8)
Portugal	34 (12.9)	192 (72.7)	32 (12.1)	6 (2.3)

1.1.4. Distribution by Educational Level

Table 1.5. Distribution of participants by educational level (N = 1,800)

	Educational level n (%)					
	No studies	Primary school	Secondary school	Vocational qualification	University	Master/doctorate
Overall	20 (1.1)	72 (4.0)	307 (17.1)	527 (29.3)	662 (36.8)	212 (11.8)
UK	13 (2.3)	0 (0.0)	94 (16.8)	149 (26.7)	206 (36.9)	96 (17.2)
Spain	1 (0.2)	56 (12.1)	48 (10.3)	167 (36.0)	155 (33.4)	37 (8.0)
France	2 (0.9)	3 (1.3)	41 (17.9)	60 (26.2)	77 (33.6)	46 (20.1)
Greek	0 (0.0)	0 (0.0)	7 (12.3)	22 (38.6)	28 (49.1)	0 (0.0)
Cyprus	2 (2.0)	0 (0.0)	4 (4.0)	42 (41.6)	53 (52.5)	0 (0.0)
Italy	2 (1.6)	1 (0.8)	14 (11.0)	68 (53.5)	41 (32.3)	1 (0.8)



Portugal	0 (0.0)	12 (4.5)	99 (37.5)	19 (7.2)	102 (38.6)	32 (12.1)
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1.1.5. Distribution by Family Members and Number of Children

Table 1.6. Distribution of participants by family member, number of children and number of rooms (N = 1,542)

	Family member			Number of children			Number of rooms		
	Mean	SD	Median	Mean	SD	Median	Mean	SD	Median
Overall	2.8	2.6	2.0	1.3	1.2	1.0	3.3	1.4	3.0
UK	2.2	1.1	2.0	1.4	1.3	2.0	3.0	1.2	3.0
Spain	3.4	4.5	3.0	1.3	1.2	1.0	3.2	1.2	3.0
France	2.4	1.3	2.0	1.6	1.5	2.0	4.4	1.7	4.0
Greek	2.6	1.3	3.0	1.1	1.1	1.0	3.2	1.1	3.0
Cyprus	3.2	1.5	3.0	1.8	1.2	2.0	3.9	1.8	3.0
Italy	2.7	1.1	3.0	1.0	1.1	1.0	3.5	1.4	3.0
Portugal	2.8	1.2	3.0	1.2	1.0	1.0	2.7	0.9	3.0

Table 1.7. Distribution of participants by family member “<14” and “>65” years (N = 1,542)

	Family member < 14 years			Family member > 65 years		
	Mean	SD	Median	Mean	SD	Median
Overall	0.4	1.5	0.0	0.5	1.5	0.0
UK	0.2	0.5	0.0	0.7	0.8	0.0
Spain	0.6	2.6	0.0	0.5	2.7	0.0
France	0.3	0.9	0.0	0.4	0.9	0.0
Greek	0.4	0.7	0.0	0.2	0.5	0.0
Cyprus	0.5	0.9	0.0	0.3	0.7	0.0
Italy	0.3	0.6	0.0	0.4	0.7	0.0
Portugal	0.4	0.7	0.0	0.3	0.6	0.0

1.1.6. Distribution by Body Mass Index

Table 1.8. Body mass index categories of participants according to World Health Organization classification (N = 1,513)

	Body Mass Index			
	Underweight	Normal weight	Overweight	Obesity
Overall	55 (3.6)	628 (41.5)	454 (30.0)	376 (24.9)
UK	14 (4.2)	127 (38.4)	86 (26.0)	104 (31.4)
Spain	13 (3.2)	170 (42.1)	146 (36.1)	75 (18.6)
France	4 (1.7)	99 (43.2)	57 (24.9)	69 (30.1)
Greek	2 (3.5)	29 (50.9)	17 (29.8)	9 (15.8)
Cyprus	4 (4.0)	45 (44.6)	28 (27.7)	24 (23.8)
Italy	9 (7.1)	50 (39.4)	32 (25.2)	36 (28.3)
Portugal	9 (3.4)	108 (40.9)	88 (33.3)	59 (22.3)

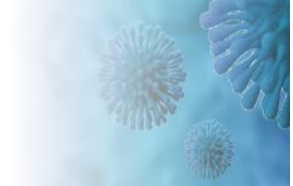


Table 1.9. Weight change during the COVID-19 pandemic (N = 1,800)

	Change in weight		
	Gaining weight	Maintaining weight	Losing weight
Overall	736 (40.9)	876 (48.7)	188 (10.4)
UK	219 (39.2)	282 (50.5)	57 (10.2)
Spain	175 (37.7)	244 (52.6)	45 (9.7)
France	87 (38.0)	113 (49.3)	29 (12.7)
Greek	12 (21.1)	41 (71.9)	4 (7.0)
Cyprus	41 (40.6)	50 (49.5)	10 (9.9)
Italy	66 (52.0)	48 (37.8)	13 (10.2)
Portugal	136 (51.5)	98 (37.1)	30 (11.4)

2. Life habits

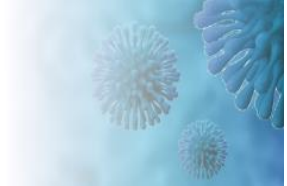
2.1. Physical therapy

Table 2.1. Exercise or physical therapy session before the COVID-19 pandemic (N= 1,800)

	n (%)	
	Yes	No
Overall	1127 (62.6)	673 (37.4)
UK	439 (78.7)	119 (21.3)
Spain	264 (56.9)	200 (43.1)
France	164 (71.6)	65 (28.4)
Greek	19 (33.3)	38 (66.7)
Cyprus	31 (30.7)	70 (69.3)
Italy	53 (41.7)	74 (58.3)
Portugal	157 (59.5)	107 (40.5)

Table 2.2. Therapy or physical activity before the pandemic COVID-19 (N = 1,128)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Physiotherapy	434 (38.5)	101 (23.0)	139 (52.7)	92 (56.1)	14 (73.7)	20 (62.5)	19 (35.8)	49 (31.2)
Stretching exercises	326 (28.9)	177 (40.3)	69 (26.1)	38 (23.2)	0 (0.0)	3 (9.4)	8 (15.1)	31 (19.7)
Swimming	213 (18.9)	84 (19.1)	72 (27.3)	21 (12.8)	4 (21.1)	11 (34.4)	8 (15.1)	13 (8.3)
Pilates	191 (16.9)	78 (17.8)	50 (18.9)	14 (8.5)	4 (21.1)	7 (21.9)	8 (15.1)	30 (19.1)
Keep-fit	158 (14.0)	48 (10.9)	35 (13.3)	36 (22.0)	2 (10.5)	5 (15.6)	14 (26.4)	18 (11.5)
Yoga	125 (11.1)	42 (9.6)	39 (14.8)	16 (9.8)	2 (10.5)	6 (18.8)	2 (3.8)	18 (11.5)
Aqua gym	104 (9.2)	31 (7.1)	25 (9.5)	11 (6.7)	1 (5.3)	7 (21.9)	1 (1.9)	28 (17.8)
Specialist group exercise	82 (7.3)	58 (13.2)	0 (0.0)	10 (6.1)	1 (5.3)	2 (6.3)	0 (0.0)	11 (7.0)
Bicycle	81 (7.2)	43 (9.8)	27 (10.2)	0 (0.0)	0 (0.0)	0 (0.0)	4 (7.5)	7 (4.5)
Aerobic	52 (4.6)	28 (6.4)	5 (1.9)	1 (0.6)	1 (5.3)	1 (3.1)	2 (3.8)	14 (8.9)
Running	46 (4.1)	29 (6.6)	6 (2.3)	10 (6.1)	0 (0.0)	1 (3.1)	0 (0.0)	0 (0.0)



Bodybuilding	43 (3.8)	13 (3.0)	20 (7.6)	0 (0.0)	0 (0.0)	0 (0.0)	2 (3.8)	8 (5.1)
Spinning	40 (3.5)	9 (2.1)	10 (3.8)	17 (10.4)	0 (0.0)	0 (0.0)	1 (1.9)	3 (1.9)
Zumba	21 (1.9)	8 (1.8)	7 (2.7)	1 (0.6)	0 (0.0)	1 (3.1)	0 (0.0)	4 (2.5)
Tennis / Paddle	12 (1.1)	6 (1.4)	4 (1.5)	0 (0.0)	0 (0.0)	1 (3.1)	0 (0.0)	1 (0.6)
Football	5 (0.4)	1 (0.2)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.9)	3 (1.9)
Basketball	2 (0.2)	1 (0.0)	0 (0.0)	1 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Rugby	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Other	501 (44.4)	236 (53.8)	87 (33.0)	74 (45.1)	6 (31.6)	12 (37.5)	24 (45.3)	62 (39.5)

Table 2.3. Exercise or therapy at home during the COVID-19 pandemic (N= 1,128)

	n (%)		
	Yes	No	No, but compensate with other exercise
Overall	444 (39.4)	514 (45.6)	170 (15.1)
UK	216 (49.2)	91 (20.7)	132 (30.1)
Spain	87 (33.0)	177 (67.0)	0 (0.0)
France	85 (51.8)	79 (48.2)	0 (0.0)
Greek	4 (21.1)	15 (78.9)	0 (0.0)
Cyprus	11 (34.4)	21 (65.6)	0 (0.0)
Italy	9 (17.0)	34 (64.2)	10 (18.9)
Portugal	32 (20.4)	97 (61.8)	28 (17.8)

Table 2.4. Feeling unable to perform regular physical or rehabilitative activities due to the COVID-19 pandemic (N= 524)

	n (%)				
	Much worse	Worse	Same	Better	Much better
Overall	186 (35.5)	256 (48.9)	68 (13.0)	10 (1.9)	4 (0.8)
UK	50 (22.5)	129 (58.1)	32 (14.4)	9 (4.1)	2 (0.9)
Spain	14 (77.8)	4 (22.2)	0 (0.0)	0 (0.0)	0 (0.0)
France	38 (48.1)	31 (39.2)	9 (11.4)	1 (1.3)	0 (0.0)
Greek	7 (46.7)	6 (40.0)	1 (6.7)	0 (0.0)	1 (6.7)
Cyprus	9 (42.9)	11 (52.4)	1 (4.8)	0 (0.0)	0 (0.0)
Italy	19 (43.2)	21 (47.7)	4 (9.1)	0 (0.0)	0 (0.0)
Portugal	49 (39.2)	54 (43.2)	21 (16.8)	0 (0.0)	1 (0.8)

2.2. Smoke and alcohol

Table 2.5. Smoking during the pandemic COVID-19 (N = 1,800)

	Smoking n (%)							
	1-2/day	3-5/day	5-15/day	>15 day	Ex-smoker (resumed)	Ex-smoker	Electronic cigarette	Don't smoke
Overall	28 (1.6)	59 (3.3)	150 (8.3)	80 (4.4)	19 (1.1)	291 (16.2)	37 (2.1)	1136 (63.1)
UK	5 (0.9)	4 (0.7)	18 (3.2)	9 (1.6)	5 (0.9)	102 (18.3)	13 (2.3)	402 (72.0)
Spain	12 (2.6)	23 (5.0)	55 (11.9)	29 (6.3)	7 (1.5)	108 (23.3)	1 (0.2)	229 (49.4)
France	5 (2.2)	4 (1.7)	19 (8.3)	11 (4.8)	4 (1.7)	32 (14.0)	14 (6.1)	140 (61.1)
Greek	2 (3.5)	5 (8.8)	9 (15.8)	7 (12.3)	0 (0.0)	9 (15.8)	2 (3.5)	23 (40.4)
Cyprus	0 (0.0)	4 (4.0)	12 (11.9)	3 (3.0)	0 (0.0)	6 (5.9)	3 (3.0)	73 (72.3)
Italy	3 (2.4)	5 (3.9)	8 (6.3)	5 (3.9)	1 (0.8)	14 (11.0)	2 (1.6)	89 (70.1)
Portugal	1 (0.4)	14 (5.3)	29 (11.0)	16 (6.1)	2 (0.8)	20 (7.6)	2 (0.8)	180 (68.2)

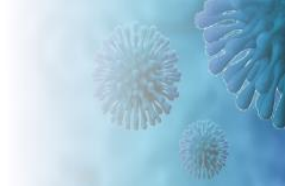


Table 2.6. Frequency of smoking during the pandemic COVID-19 (N= 556)

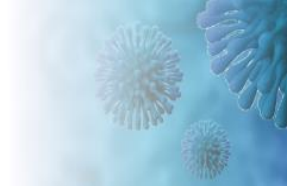
	Frequency smoking n (%)				
	More than before	Same as before	Less than before	I've started	I've quit
Overall	137 (24.6)	187 (33.6)	57 (10.3)	18 (3.2)	157 (28.2)
UK	16 (10.3)	34 (21.9)	11 (7.1)	2 (1.3)	92 (59.4)
Spain	48 (37.8)	49 (38.6)	19 (15.0)	9 (7.1)	2 (1.6)
France	22 (24.7)	32 (36.0)	5 (5.6)	4 (4.5)	26 (29.2)
Greek	8 (23.5)	14 (41.2)	4 (11.8)	0 (0.0)	8 (23.5)
Cyprus	9 (32.1)	14 (50.0)	2 (7.1)	1 (3.6)	2 (7.1)
Italy	8 (20.5)	14 (35.9)	4 (10.3)	1 (2.6)	12 (30.8)
Portugal	26 (31.0)	30 (35.7)	12 (14.3)	1 (1.2)	15 (17.9)

Table 2.7. Alcohol consumption during the pandemic COVID-19 (N = 1,800)

	Frequency alcohol n (%)				
	Never/Hardly ever	1-2 days/week	3-4 days/week	4-6 days/week	Every day
Overall	1138 (63.2)	359 (19.9)	144 (8.0)	70 (3.9)	89 (4.9)
UK	286 (51.3)	111 (19.9)	85 (15.2)	44 (7.9)	32 (5.7)
Spain	307 (66.2)	99 (21.3)	25 (5.4)	10 (2.2)	23 (5.0)
France	129 (56.3)	63 (27.5)	15 (6.6)	7 (3.1)	15 (6.6)
Greek	36 (63.2)	13 (22.8)	5 (8.8)	2 (3.5)	1 (1.8)
Cyprus	79 (78.2)	18 (17.8)	2 (2.0)	0 (0.0)	2 (2.0)
Italy	97 (76.4)	19 (15.0)	4 (3.1)	3 (2.4)	4 (3.1)
Portugal	204 (77.3)	36 (13.6)	8 (3.0)	4 (1.5)	12 (4.5)

Table 2.8. Frequency of alcohol consumption during the pandemic COVID-19 (N= 1,085)

	Frequency alcohol during COVID-19 n (%)			
	More than before	Same	Less than before	Not drinking
Overall	197 (18.2)	404 (37.2)	136 (12.5)	348 (32.1)
UK	99 (36.3)	137 (50.2)	36 (13.2)	1 (0.4)
Spain	48 (10.3)	113 (24.4)	55 (11.9)	248 (53.4)
France	27 (27.0)	56 (56.0)	13 (13.0)	4 (4.0)
Greek	4 (7.0)	14 (24.6)	8 (14.0)	31 (54.4)
Cyprus	4 (4.0)	28 (27.7)	8 (7.9)	61 (60.4)
Italy	4 (13.3)	18 (60.0)	6 (20.0)	2 (6.7)
Portugal	11 (18.3)	38 (63.3)	10 (16.7)	1 (1.7)



3. Access to healthcare and treatment

3.1. Healthcare

Table 3.1. Care of any physicians (N = 1,800)

	n (%)							
	Rheumatologist	Orthopaedic	Gastroenterologist	General practitioner	Dermatologist	Physiotherapist	Ophthalmologist	Other
Overall	1570 (87.2)	169 (9.4)	222 (12.3)	840 (46.7)	149 (8.3)	322 (17.9)	291 (16.2)	287(15.4)
UK	486 (87.1)	58 (10.4)	47 (8.4)	347 (62.2)	13 (2.3)	110 (19.7)	72 (12.9)	48 (8.6)
Spain	430 (92.7)	39 (8.4)	68 (14.7)	104 (22.4)	33 (7.1)	45 (9.7)	55 (11.9)	49 (10.6)
France	181 (79.0)	37 (16.2)	50 (21.8)	197 (86.0)	61 (26.6)	105 (45.9)	81 (35.4)	48 (21.0)
Greek	55 (96.5)	0 (0.0)	8 (14.0)	9 (15.8)	5 (8.8)	3 (5.3)	9 (15.8)	9 (15.8)
Cyprus	100 (99.0)	2 (2.0)	18 (17.8)	26 (25.7)	1 (1.0)	13 (12.9)	15 (14.9)	18 (17.8)
Italy	123 (96.9)	10 (7.9)	16 (12.6)	59 (46.5)	15 (11.8)	16 (12.6)	24 (18.9)	21 (16.5)
Portugal	195 (73.9)	23 (8.7)	15 (5.7)	98 (37.1)	21 (8.0)	30 (11.4)	35 (13.3)	85 (32.2)

Table 3.2. Appointment with rheumatologist in the last 18 months (N = 1,800)

	n (%)		
	Yes	Yes, but was cancelled	No
Overall	1349 (74.9)	222 (12.3)	229 (12.7)
UK	434 (77.8)	45 (8.1)	79 (14.2)
Spain	373 (80.4)	70 (15.1)	21 (4.5)
France	137 (59.8)	36 (15.7)	56 (24.5)
Greek	47 (82.5)	5 (8.8)	5 (8.8)
Cyprus	91 (90.1)	2 (2.0)	8 (7.9)
Italy	100 (78.7)	22 (17.3)	5 (3.9)
Portugal	167 (63.3)	42 (15.9)	55 (20.8)

Table 3.3. Frequency of visits to the rheumatologist before the COVID-19 pandemic (N = 1,800)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Weekly	2 (0.1)	1 (0.2)	0 (0.0)	0 (0.0)	1 (1.8)	0 (0.0)	0 (0.0)	0 (0.0)
Twice a month	4 (0.2)	0 (0.0)	1 (0.2)	2 (0.9)	1 (1.8)	0 (0.0)	0 (0.0)	0 (0.0)
Monthly	60 (3.3)	4 (0.7)	16 (3.4)	5 (2.2)	7 (12.3)	14 (13.9)	9 (7.1)	5 (1.9)
Every 2 months	106 (5.9)	5 (0.9)	35 (7.5)	16 (7.0)	9 (15.8)	18 (17.8)	7 (5.5)	16 (6.1)
Every 3-4 months	461 (25.6)	80 (14.3)	158 (34.1)	43 (18.8)	21 (36.8)	28 (27.7)	31 (24.4)	100 (37.9)
Every 6 months	634 (35.2)	231 (41.4)	187 (40.3)	72 (31.4)	11 (19.3)	25 (24.8)	51 (40.2)	57 (21.6)
Once a year	275 (15.3)	151 (27.1)	41 (8.8)	28 (12.2)	3 (5.3)	10 (9.9)	19 (15.0)	23 (8.7)
Every two years	57 (3.2)	11 (2.0)	19 (4.1)	10 (4.4)	2 (3.5)	1 (1.0)	6 (4.7)	8 (3.0)
Less often	36 (2.0)	14 (2.5)	1 (0.2)	12 (5.2)	0 (0.0)	3 (3.0)	2 (1.6)	4 (1.5)
I don't see a rheumatologist	165 (9.2)	61 (10.9)	6 (1.3)	41 (17.9)	2 (3.5)	2 (2.0)	2 (1.6)	51 (19.3)

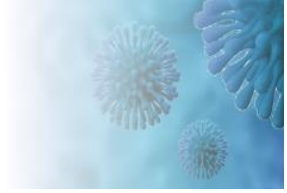


Table 3.4. Rheumatologist appointment scheduled during COVID-19 pandemic (N= 1,786)

	n (%)		
	Yes	No	Don't know/ not sure
Overall	701 (39.2)	1062 (59.5)	23 (1.3)
UK	169 (30.3)	382 (68.5)	7 (1.3)
Spain	220 (47.4)	240 (51.7)	4 (0.9)
France	89 (38.9)	133 (58.1)	7 (3.1)
Greek	28 (49.1)	29 (50.9)	0 (0.0)
Cyprus	43 (42.6)	58 (57.4)	0 (0.0)
Italy	29 (22.8)	96 (75.6)	2 (1.6)
Portugal	123 (49.2)	124 (49.6)	3 (1.2)

Table 3.5. Attendance at the rheumatologist's appointment during the COVID-19 pandemic (N= 722)

	n (%)	
	Yes	No
Overall	300 (41.6)	422 (58.4)
UK	87 (51.2)	83 (48.8)
Spain	40 (17.7)	186 (82.3)
France	62 (69.7)	27 (30.3)
Greek	10 (35.7)	18 (64.3)
Cyprus	21 (48.8)	22 (51.2)
Italy	20 (69.0)	9 (31.0)
Portugal	60 (43.8)	77 (56.2)

Table 3.6. Reason for missing the appointment with the rheumatologist (N = 412)

	n (%)			
	Fear of infected	Means to attend	Made by Phone/online	No alternative
Overall	38 (9.2)	5 (1.2)	224 (54.4)	145 (35.2)
UK	2 (2.5)	0 (0.0)	38 (46.9)	41 (50.6)
Spain	15 (8.4)	2 (1.1)	106 (59.6)	55 (30.9)
France	3 (11.1)	0 (0.0)	13 (48.1)	11 (40.7)
Greek	5 (27.8)	0 (0.0)	8 (44.4)	5 (27.8)
Cyprus	7 (31.8)	0 (0.0)	10 (45.5)	5 (22.7)
Italy	0 (0.0)	0 (0.0)	6 (66.7)	3 (33.3)
Portugal	6 (7.8)	3 (3.9)	43 (55.8)	25 (32.5)

Table 3.7. Contact with the rheumatologist or rheumatology team during the COVID-19 pandemic (N= 1,792)

	n (%)		
	By telephone/online	Tried without response	No need contact
Overall	683 (38.1)	155 (8.6)	954 (53.2)
UK	229 (41.1)	45 (8.1)	283 (50.8)
Spain	134 (29.1)	51 (11.1)	275 (59.8)
France	67 (29.3)	21 (9.2)	141 (61.6)
Greek	35 (61.4)	6 (10.5)	16 (28.1)
Cyprus	60 (60.6)	4 (4.0)	35 (35.4)
Italy	55 (43.3)	14 (11.0)	58 (45.7)
Portugal	103 (39.2)	14 (5.3)	146 (55.5)



Table 3.8. Attempt to consult with your rheumatologist or rheumatology team about the possible effects of your treatment with the COVID-19 pandemic (N= 1,792)

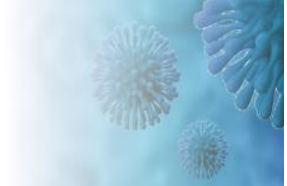
	n (%)	
	Yes	No
Overall	430 (24.0)	1362 (76.0)
UK	116 (20.8)	441 (79.2)
Spain	145 (31.5)	315 (68.5)
France	42 (18.3)	187 (81.7)
Greek	23 (40.4)	34 (59.6)
Cyprus	28 (28.3)	71 (71.7)
Italy	24 (18.9)	103 (81.1)
Portugal	52 (19.8)	211 (80.2)

Table 3.9. Consult with rheumatologist/rheumatology team about the possible effects of treatment with COVID-19 pandemic (N= 430)

	n (%)	
	Yes	No
Overall	275 (64.0)	155 (36.0)
UK	94 (81.0)	22 (19.0)
Spain	60 (41.4)	85 (58.6)
France	27 (64.3)	15 (35.7)
Greek	18 (78.3)	5 (21.7)
Cyprus	26 (92.9)	2 (7.1)
Italy	18 (75.0)	6 (25.0)
Portugal	32 (61.5)	20 (38.5)

Table 3.10. Access to primary care or general practitioner (N= 689)

	n (%)	
	Yes	No
Overall	397 (57.6)	292 (42.4)
UK	87 (76.3)	27 (23.7)
Spain	65 (67.7)	31 (32.3)
France	32 (76.2)	10 (23.8)
Greek	14 (60.9)	9 (39.1)
Cyprus	17 (60.7)	11 (39.3)
Italy	65 (51.6)	61 (48.4)
Portugal	117 (45.0)	143 (55.0)



3.2. Treatment

Table 3.11. Treatment for rheumatic disease before the COVID-19 pandemic (N = 1800)

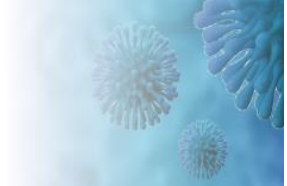
	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Biologics	963 (53.5)	343 (61.5)	397 (85.6)	82 (35.8)	19 (33.3)	28 (27.7)	49 (38.6)	45 (17.0)
Painkillers	600 (33.3)	229 (41.0)	36 (7.8)	142 (62.0)	7 (12.3)	16 (15.8)	58 (45.7)	112 (42.4)
Non-steroidal Anti-inflammatory drugs	705 (39.2)	234 (41.9)	198 (42.7)	75 (32.8)	6 (10.5)	21 (20.8)	58 (45.7)	113 (42.8)
Oral Corticosteroids	335 (18.6)	54 (9.7)	76 (16.4)	38 (16.6)	22 (38.6)	31 (30.7)	42 (33.1)	72 (27.3)
Methotrexate	393 (21.8)	182 (32.6)	85 (18.3)	46 (20.1)	18 (31.6)	21 (20.8)	0 (0.0)	41 (15.5)
Leflunomide	71 (3.9)	23 (4.1)	19 (4.1)	10 (4.4)	3 (5.3)	3 (3.0)	3 (2.4)	10 (3.8)
Hydroxychloroquine	196 (10.9)	71 (12.7)	14 (3.0)	3 (1.3)	21 (36.8)	27 (26.7)	20 (15.7)	40 (15.2)
Sulfasalazine / Salazopyrine	160 (8.9)	74 (13.3)	44 (9.4)	3 (1.3)	1 (1.8)	0 (0.0)	10 (7.9)	28 (10.6)
JAK-inhibitors	20 (1.1)	16 (2.9)	1 (0.2)	0 (0.0)	1 (1.8)	2 (1.6)	2 (1.6)	0 (0.0)
No treatment	100 (5.6)	28 (5.0)	15 (3.2)	22 (9.6)	2 (3.5)	11 (10.9)	3 (2.4)	19 (7.2)
Other	314 (17.4)	49 (8.8)	85 (18.3)	27 (11.8)	7 (12.3)	16 (15.8)	41 (32.3)	89 (33.7)

Table 3.12. Change in treatment during the COVID-19 pandemic (N= 1,707)

	n (%)	
	Yes	No
Overall	269 (15.8)	1438 (84.2)
UK	83 (15.6)	450 (84.4)
Spain	53 (11.8)	397 (88.2)
France	34 (16.3)	174 (83.7)
Greek	6 (10.9)	49 (89.1)
Cyprus	8 (8.9)	82 (91.1)
Italy	31 (24.8)	94 (75.2)
Portugal	54 (22.0)	192 (78.0)

Table 3.13. Treatment for rheumatic disease during the COVID-19 pandemic (N = 271)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Biologics	96 (35.5)	34 (40.9)	34 (64.1)	9 (27.3)	1 (16.7)	1 (12.5)	8 (25.0)	9 (16.1)
Painkillers	90 (33.2)	29 (24.9)	5 (9.4)	23 (69.7)	1 (16.7)	0 (0.0)	12 (37.5)	20 (37.5)
Non-steroidal Anti-inflammatory drugs	82 (30.3)	25 (30.1)	20 (37.7)	3 (9.1)	0 (0.0)	1 (12.5)	14 (43.8)	19 (33.9)
Oral Corticosteroids	61 (22.5)	14 (16.9)	12 (22.6)	5 (15.2)	3 (50.0)	5 (62.5)	9 (28.1)	13 (23.2)
Methotrexate	39 (14.4)	14 (16.9)	7 (13.2)	6 (18.2)	0 (0.0)	3 (37.5)	0 (0.0)	9 (16.1)
Leflunomide	5 (1.8)	3 (3.6)	2 (3.8)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Hydroxychloroquine	27 (10.0)	4 (4.8)	1 (1.9)	0 (0.0)	4 (66.7)	2 (25.0)	7 (21.9)	9 (16.1)



Sulfasalazine / Salazopyrine	24 (8.9)	8 (9.6)	7 (13.2)	0 (0.0)	0 (0.0)	0 (0.0)	5 (15.6)	4 (7.1)
JAK-inhibitors	3 (1.1)	3 (3.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
No treatment	31 (11.4)	5 (6.0)	6 (11.3)	10 (30.3)	2 (33.3)	1 (12.5)	0 (0.0)	7 (12.5)
Other	87 (32.1)	19 (22.9)	25 (47.2)	0 (0.0)	1 (16.7)	2 (25.0)	14 (43.8)	26 (46.4)

Table 3.14. Reason to change treatment during COVID-19 pandemic (N = 281)

	n (%)				
	Risk of infection	Decided by health care team	Shortage of treatment	Unable visit the hospital for treatment	Unable visit the hospital for inject
Overall	69 (24.6)	184 (65.5)	5 (1.8)	14 (5.0)	9 (3.2)
UK	18 (21.7)	55 (66.3)	1 (1.2)	9 (10.8)	0 (0.0)
Spain	18 (34.0)	30 (56.6)	1 (1.9)	3 (5.7)	1 (1.9)
France	16 (48.5)	16 (48.5)	0 (0.0)	1 (3.0)	0 (0.0)
Greek	1 (16.7)	5 (83.3)	0 (0.0)	0 (0.0)	0 (0.0)
Cyprus	1 (12.5)	7 (87.5)	0 (0.0)	0 (0.0)	0 (0.0)
Italy	6 (18.2)	21 (63.6)	1 (3.0)	0 (0.0)	5 (15.2)
Portugal	9 (13.8)	50 (76.9)	2 (3.1)	1 (1.5)	3 (4.6)

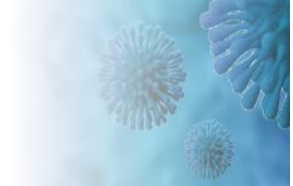
Table 3.15. Problems for get medication (N = 1,726)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Pick up at the pharmacy	533 (30.9)	128 (24.0)	121 (26.9)	117 (56.5)	23 (41.8)	33 (36.7)	38 (29.9)	73 (27.7)
Pick up at the pharmacy (inside hospital)	146 (8.5)	4 (0.8)	96 (21.3)	4 (1.9)	2 (3.6)	9 (10.0)	16 (12.6)	15 (5.7)
Get infusion in a hospital	40 (2.3)	7 (1.3)	7 (1.6)	10 (4.8)	2 (3.6)	7 (7.8)	5 (3.9)	2 (0.8)
Delivered in house	325 (18.8)	217 (40.7)	69 (15.3)	7 (3.4)	4 (7.3)	2 (2.2)	6 (4.7)	20 (7.6)
Family or friend	380 (22.0)	135 (25.3)	92 (20.4)	45 (21.7)	10 (18.2)	26 (28.9)	22 (17.3)	50 (18.9)
Enough for now	188 (10.9)	11 (2.1)	51 (11.3)	13 (6.3)	12 (21.8)	9 (10.0)	27 (21.3)	65 (24.6)
Haven't pick it up or delivered and haven't any medication	22 (1.3)	2 (0.4)	10 (2.2)	1 (0.5)	1 (1.8)	1 (1.1)	4 (3.1)	3 (1.1)
Haven't get infusion	18 (1.0)	3 (0.6)	2 (0.4)	0 (0.0)	0 (0.0)	3 (3.3)	7 (5.5)	3 (1.1)
Not need medication	74 (4.3)	26 (4.9)	2 (0.4)	10 (4.8)	1 (1.8)	0 (0.0)	2 (1.6)	33 (12.5)

3.3. Psychological therapy

Table 3.16. Psychological and/or psychiatric care before COVID-19 pandemic (N= 1,800)

	n (%)	
	Yes	No
Overall	443 (24.6)	523 (93.7)
UK	35 (6.3)	364 (78.4)
Spain	100 (21.6)	185 (80.8)
France	44 (19.2)	185 (80.8)
Greek	57 (100.0)	0 (0.0)



Cyprus	101 (100.0)	0 (0.0)
Italy	30 (23.6)	97 (76.4)
Portugal	76 (28.8)	188 (71.2)

Table 3.17. Psychological and/or psychiatric care received (N= 443)

	n (%)			
	Psychologist	Psychiatrist	Mindfulness	Other
Overall	166 (37.5)	104 (23.5)	37 (8.4)	136 (30.7)
UK	8 (22.9)	3 (8.6)	6 (17.1)	18 (51.4)
Spain	51 (51.0)	42 (42.0)	3 (3.0)	4 (4.0)
France	20 (45.5)	12 (27.3)	0 (0.0)	12 (27.3)
Greek	13 (22.8)	4 (7.0)	7 (12.3)	33 (57.9)
Cyprus	14 (13.9)	3 (3.0)	20 (19.8)	64 (63.4)
Italy	26 (86.7)	2 (6.7)	1 (3.3)	1 (3.3)
Portugal	34 (44.7)	38 (50.0)	0 (0.0)	4 (5.3)

Table 3.18. Continue psychological and/or psychiatric care during COVID-19 pandemic (N= 437)

	n (%)	
	Yes	No
Overall	211 (48.3)	226 (51.7)
UK	19 (54.3)	16 (45.7)
Spain	44 (44.0)	56 (56.0)
France	18 (47.4)	20 (52.6)
Greek	19 (33.3)	38 (66.7)
Cyprus	41 (40.6)	60 (59.4)
Italy	16 (53.3)	14 (46.7)
Portugal	54 (71.1)	22 (28.9)

Table 3.19. Continue psychological and/or psychiatric care during COVID-19 pandemic (N= 177)

	n (%)				
	Much worse than before	Moderately worse	Same as before	Moderately better	Much better than before
Overall	26 (11.0)	52 (21.9)	131 (55.3)	14 (5.9)	14 (5.9)
UK	3 (20.0)	4 (26.7)	6 (40.0)	2 (13.3)	0 (0.0)
Spain	2 (20.0)	4 (40.0)	4 (40.0)	0 (0.0)	0 (0.0)
France	2 (11.1)	6 (33.3)	8 (44.4)	2 (11.1)	0 (0.0)
Greek	5 (13.2)	4 (10.5)	25 (65.8)	1 (2.6)	3 (7.9)
Cyprus	7 (11.7)	6 (10.0)	41 (68.3)	0 (0.0)	6 (10.0)
Italy	2 (14.3)	8 (57.1)	0 (0.0)	4 (28.6)	0 (0.0)
Portugal	2 (9.1)	9 (40.9)	7 (31.8)	3 (13.6)	1 (4.5)



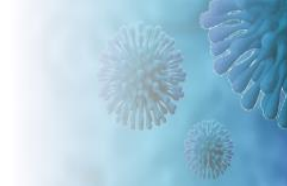
Table 3.20. Psychological and/or psychiatric care need during COVID-19 pandemic (N= 1,104)

	n (%)	
	Yes	No
Overall	139 (12.6)	965 (95.6)
UK	8 (24.2)	25 (75.8)
Spain	42 (9.1)	422 (90.9)
France	34 (14.8)	195 (85.2)
Greek	22 (38.6)	35 (61.4)
Cyprus	22 (21.8)	79 (78.2)
Italy	2 (14.3)	12 (85.7)
Portugal	9 (4.4)	197 (95.6)

3.4. Comorbidities

Table 3.21. Comorbidities (N= 1,191)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Eye related diseases	312 (26.2)	185 (33.3)	22 (22.9)	12 (13.8)	0 (0.0)	9 (17.6)	31 (24.4)	53 (20.1)
Spinal or other fractures	165 (13.9)	93 (16.7)	9 (9.4)	10 (11.5)	2 (20.0)	23 (45.1)	10 (7.9)	18 (6.8)
Liver diseases	45 (3.8)	10 (1.8)	5 (5.2)	3 (3.4)	0 (0.0)	0 (0.0)	11 (8.7)	16 (6.1)
Genital lesions	21 (1.8)	3 (0.5)	4 (4.2)	2 (2.3)	0 (0.0)	0 (0.0)	4 (3.1)	8 (3.0)
Hypertension	300 (25.2)	163 (29.3)	26 (27.1)	16 (18.4)	1 (10.0)	7 (13.7)	40 (31.5)	47 (17.8)
Cardiovascular disease	57 (4.8)	19 (3.4)	3 (3.1)	5 (5.7)	0 (0.0)	3 (5.9)	17 (13.4)	10 (3.8)
Hypercholesterolemia	174 (14.6)	70 (12.6)	20 (20.8)	9 (10.3)	1 (10.0)	11 (21.6)	29 (22.8)	34 (12.9)
Diabetes	79 (6.6)	42 (7.6)	5 (5.2)	7 (8.0)	0 (0.0)	3 (5.9)	10 (7.9)	12 (4.5)
Kidney related disease	57 (4.8)	29 (5.2)	6 (6.3)	4 (4.6)	1 (10.0)	1 (2.0)	6 (4.7)	10 (3.8)
Heart failure	8 (0.7)	2 (0.4)	1 (1.0)	2 (2.3)	0 (0.0)	0 (0.0)	0 (0.0)	3 (1.1)
Respiratory Diseases	200 (16.8)	93 (16.7)	13 (13.5)	16 (18.4)	1 (10.0)	10 (19.6)	20 (15.7)	47 (17.8)
Irregular heart beat	131 (11.0)	46 (8.3)	5 (5.2)	13 (14.9)	3 (30.0)	8 (15.7)	13 (10.2)	43 (16.3)
Coronary artery disease	12 (1.0)	8 (1.4)	0 (0.0)	1 (1.1)	0 (0.0)	0 (0.0)	2 (1.6)	1 (0.4)
Atherosclerosis	6 (0.5)	2 (0.4)	0 (0.0)	1 (1.1)	0 (0.0)	1 (2.0)	1 (0.8)	1 (0.4)
Severe infections requiring inpatient hospital admission	28 (2.4)	15 (2.7)	0 (0.0)	3 (3.4)	0 (0.0)	5 (9.8)	1 (0.8)	4 (1.5)
Severe infections requiring antibiotics	156 (13.1)	92 (16.5)	5 (5.2)	9 (10.3)	1 (10.0)	7 (13.7)	12 (9.4)	30 (11.4)
Obesity	267 (22.4)	70 (12.6)	12 (12.5)	14 (16.1)	4 (40.0)	24 (47.1)	30 (23.6)	113 (42.8)
Sleep disorder	252 (21.2)	45 (8.1)	32 (33.3)	34 (39.1)	3 (30.0)	13 (25.5)	40 (31.5)	85 (32.2)
Depression	352 (29.6)	144 (25.9)	20 (20.8)	30 (34.5)	3 (30.0)	12 (23.5)	25 (19.7)	118 (44.7)
Anxiety	290 (24.3)	126 (22.7)	29 (30.2)	29 (33.3)	3 (30.0)	10 (19.6)	40 (31.5)	53 (20.1)
Other	126 (15.7)	103 (18.5)	14 (14.6)	19 (21.8)	0 (0.0)	2 (3.9)	20 (15.7)	29 (11.0)



None of the above	187 (10.6)	80 (14.4)	18 (18.8)	11 (12.6)	0 (0.0)	0 (0.0)	17 (13.4)	0 (0.0)
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3.5. Condition

Table 3.22. Condition (N= 1,800)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Axial Spondyloarthritis	670 (37.2)	249 (44.6)	253 (54.5)	90 (39.3)	3 (5.3)	2 (2.0)	32 (25.2)	41 (15.5)
Rheumatoid Arthritis	534 (29.2)	246 (44.1)	84 (18.1)	34 (14.8)	26 (45.6)	47 (46.5)	30 (23.6)	67 (25.4)
Osteoarthritis	310 (17.2)	143 (25.6)	29 (6.3)	102 (44.5)	0 (0.0)	8 (7.9)	15 (11.8)	13 (4.9)
Fibromyalgia	312 (17.3)	53 (9.5)	14 (3.0)	26 (11.4)	14 (24.6)	28 (27.7)	53 (41.7)	124 (47.0)
Psoriatic Arthritis	165 (9.1)	38 (6.6)	40 (8.6)	32 (14.0)	2 (3.5)	0 (0.0)	37 (29.1)	16 (6.1)
Osteoporosis	114 (6.3)	50 (9.0)	3 (0.6)	20 (8.7)	2 (3.5)	9 (8.9)	18 (14.2)	12 (4.5)
Systemic Lupus Erythematosus	97 (5.4)	2 (0.4)	9 (1.9)	1 (0.4)	20 (35.1)	19 (18.8)	6 (4.7)	40 (15.2)
Sjögren's Syndrome	104 (5.8)	35 (6.3)	2 (0.4)	12 (5.2)	8 (14.0)	8 (7.9)	15 (11.8)	24 (9.1)
Juvenile Idiopathic Arthritis	38 (2.1)	6 (1.1)	13 (2.8)	1 (0.4)	5 (8.8)	4 (4.0)	6 (4.7)	3 (1.1)
Gout	36 (2.0)	15 (2.7)	0 (0.0)	5 (2.2)	3 (5.3)	11 (10.9)	1 (0.8)	1 (0.4)
Peripheral Spondyloarthritis	50 (2.8)	6 (1.1)	12 (2.6)	22 (9.6)	1 (1.8)	0 (0.0)	5 (3.9)	4 (1.5)
Polymyalgia Rheumatica	13 (0.7)	5 (0.9)	0 (0.0)	2 (0.9)	0 (0.0)	1 (1.0)	3 (2.4)	2 (0.8)
Systemic Sclerosis (or Scleroderma)	30 (1.6)	1 (0.2)	2 (0.4)	1 (0.4)	1 (1.8)	9 (8.9)	9 (7.1)	7 (2.7)
Vasculitis or Arteritis	24 (1.3)	4 (0.7)	1 (0.2)	4 (1.7)	3 (5.3)	2 (2.0)	3 (2.4)	7 (2.7)
Myositis (Polymyositis, Dermatomyositis)	7 (0.4)	0 (0.0)	2 (0.4)	0 (0.0)	1 (1.8)	0 (0.0)	3 (2.4)	1 (0.4)
SAPHO (only for France)	15 (0.8)	0 (0.0)	0 (0.0)	15 (6.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)

Table 3.23. Other related condition (N= 723)

	n (%)			
	Uveitis	Psoriasis	IBD-Crohn/ Ulcerative	None of above
Overall	172 (23.8)	171 (23.7)	125 (17.3)	354 (49.0)
UK	69 (26.5)	50 (19.2)	46 (17.7)	130 (50.0)
Spain	68 (25.2)	44 (16.3)	43 (15.9)	145 (53.7)
France	11 (12.6)	37 (42.5)	18 (20.7)	42 (48.3)
Greek	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Cyprus	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Italy	10 (19.2)	23 (44.2)	11 (21.2)	18 (34.6)
Portugal	14 (25.9)	17 (31.5)	7 (13.0)	19 (35.2)

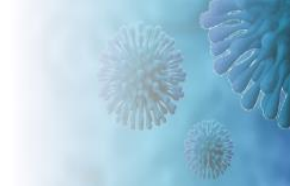


Table 3.24. Body part with osteoarthritis (N= 249)

	n (%)				
	Hands	Knees	Hips	Back or neck	Other
Overall	163 (65.5)	163 (65.5)	131 (52.6)	165 (66.3)	65 (26.1)
UK	55 (58.5)	63 (67.0)	51 (54.3)	55 (58.5)	16 (17.0)
Spain	21 (75.0)	19 (67.9)	18 (64.3)	17 (60.7)	0 (0.0)
France	67 (68.4)	65 (66.3)	46 (46.9)	73 (74.5)	41 (41.8)
Greek	0 (0.0)	1 (100.0)	1 (100.0)	0 (0.0)	0 (0.0)
Cyprus	6 (66.7)	6 (66.7)	6 (66.7)	6 (66.7)	3 (33.3)
Italy	6 (66.7)	3 (33.3)	2 (22.2)	8 (88.9)	2 (22.2)
Portugal	8 (80.0)	6 (60.0)	7 (70.0)	6 (60.0)	3 (30.0)

4. Health status

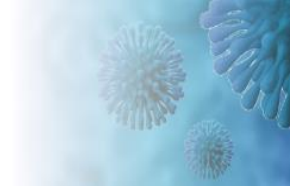
4.1 Self-perceived health

Table 4.1. Self-perceived health (N= 1,786)

	n (%)				
	Very good	Good	Fair	Bad	Very bad
Overall	125 (7.0)	519 (29.1)	802 (44.9)	293 (16.4)	47 (2.6)
UK	66 (11.8)	236 (42.4)	207 (37.2)	47 (8.4)	1 (0.2)
Spain	17 (3.7)	160 (34.8)	207 (45.0)	62 (13.5)	14 (3.0)
France	9 (3.9)	35 (15.4)	111 (48.7)	65 (28.5)	8 (3.5)
Greek	13 (23.2)	13 (23.2)	22 (39.3)	6 (10.7)	2 (3.6)
Cyprus	13 (13.1)	27 (27.3)	44 (44.4)	14 (14.1)	1 (1.0)
Italy	3 (2.4)	11 (8.7)	73 (57.9)	28 (22.2)	11 (8.7)
Portugal	4 (1.5)	37 (14.2)	138 (53.1)	71 (27.3)	10 (3.8)

Table 4.2. Change in health status during the COVID-19 pandemic (N= 1,786)

	n (%)				
	Much worse	Worse	Same	Better	Much better
Overall	182 (10.2)	650 (36.4)	843 (47.2)	97 (5.4)	14 (0.8)
UK	23 (4.1)	191 (34.3)	305 (54.8)	34 (6.1)	4 (0.7)
Spain	46 (10.0)	199 (43.3)	193 (42.0)	20 (4.3)	2 (0.4)
France	45 (19.7)	53 (23.2)	115 (50.4)	12 (5.3)	3 (1.3)
Greek	6 (10.7)	18 (32.1)	27 (48.2)	5 (8.9)	0 (0.0)
Cyprus	11 (11.1)	27 (27.3)	55 (55.6)	4 (4.0)	2 (2.0)
Italy	18 (14.3)	60 (47.6)	43 (34.1)	4 (3.2)	1 (0.8)
Portugal	33 (12.7)	102 (39.2)	105 (40.4)	18 (6.9)	2 (0.8)



4.3 VASS & PASS

Table 4.3. Disease activity in the last week (N = 1,756)

	N	Mean	SD	Median
Overall	1756	5.3	2.7	5.0
UK	553	4.8	2.7	5.0
Spain	443	5.2	2.5	5.0
France	226	5.6	2.3	6.0
Greek	56	3.8	3.1	3.5
Cyprus	98	4.9	3.0	5.0
Italy	126	5.9	3.0	7.0
Portugal	254	6.0	2.5	6.0

Table 4.4. General pain in the last week (N = 1,421)

	N	Mean	SD	Median
Overall	1421	6.0	3.0	6.0
UK	553	5.3	3.1	5.0
Spain	110	6.5	2.8	8.0
France	226	6.2	2.7	6.0
Greek	56	5.1	3.3	5.0
Cyprus	98	6.1	3.1	6.0
Italy	126	6.3	3.2	8.0
Portugal	254	6.7	2.7	8.0

Table 4.5. Disease activity in the last week cut off point (N = 1,756)

	n (%)	
	Disease activity < 4	Disease activity ≥4
Overall	462 (26.3)	1294 (73.7)
UK	179 (32.4)	374 (67.6)
Spain	109 (24.6)	334 (75.4)
France	36 (15.9)	190 (84.1)
Greek	28 (50.0)	28 (50.0)
Cyprus	34 (34.7)	64 (65.3)
Italy	31 (24.6)	95 (75.4)
Portugal	45 (17.7)	209 (82.3)

Table 4.6. General pain in the last week cut off point (N = 1,421)

	n (%)	
	Pain < 4	Pain ≥4
Overall	347 (24.4)	1074 (75.6)
UK	178 (32.3)	373 (67.7)
Spain	19 (17.3)	91 (82.7)
France	43 (19.0)	183 (81.0)
Greek	20 (35.7)	36 (64.3)
Cyprus	25 (25.5)	73 (74.5)
Italy	29 (23.0)	97 (77.0)
Portugal	33 (13.0)	221 (87.0)



Table 4.7. Satisfaction of the current health status taking into account the next months (N = 1,421)

	n (%)	
	Yes	No
Overall	678 (47.7)	743 (52.3)
UK	290 (52.6)	261 (47.4)
Spain	36 (32.4)	75 (67.6)
France	92 (40.7)	134 (59.3)
Greek	35 (62.5)	21 (37.5)
Cyprus	62 (63.3)	36 (36.7)
Italy	60 (47.6)	66 (52.4)
Portugal	103 (40.7)	150 (59.3)

5. Mental health and wellbeing

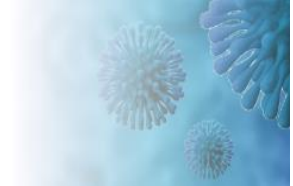
5.1 HADs

Table 5.1. Hospital Anxiety Scale (N = 1,769)

	n (%)		
	No case (0-7)	Borderline case (8-10)	Case (11-21)
Overall	756 (42.7)	435 (24.6)	578 (32.7)
UK	312 (56.4)	124 (22.4)	117 (21.2)
Spain	142 (31.5)	122 (27.1)	187 (41.5)
France	109 (48.0)	47 (20.7)	71 (31.3)
Greek	25 (44.6)	14 (25.0)	17 (30.4)
Cyprus	37 (37.8)	29 (29.6)	32 (32.7)
Italy	48 (38.1)	31 (24.6)	47 (37.3)
Portugal	83 (32.2)	68 (26.4)	107 (41.5)

Table 5.2. Hospital Depression Scale (N = 1,769)

	n (%)		
	No case (0-7)	Borderline case (8-10)	Case (11-21)
Overall	958 (54.2)	438 (24.8)	373 (21.1)
UK	367 (66.4)	105 (19.0)	81 (14.6)
Spain	219 (48.6)	128 (28.4)	104 (23.1)
France	126 (55.5)	60 (26.4)	41 (18.1)
Greek	25 (44.6)	12 (21.4)	19 (33.9)
Cyprus	44 (44.9)	27 (27.6)	27 (27.6)
Italy	57 (45.2)	38 (30.2)	31 (24.6)
Portugal	120 (46.5)	68 (26.4)	70 (27.1)



5.2 WHO-5

Table 5.3. World Health Organization Well-Being Index (N = 1,777)

	n (%)			
	N	Mean	SD	Median
Overall	1777	50.7	23.9	52.0
UK	556	47.9	22.5	48.0
Spain	453	42.1	22.8	40.0
France	228	54.5	24.8	52.0
Greek	56	53.0	24.3	58.0
Cyprus	99	51.6	24.0	52.0
Italy	126	63.9	20.7	64.0
Portugal	259	61.0	21.7	60.0

Table 5.4. World Health Organization Well-Being Index cut off point (N = 1,777)

	n (%)	
	Poor wellbeing (≤ 50)	Good wellbeing (>50)
Overall	870 (49.0)	907 (51.0)
UK	292 (52.5)	264 (47.5)
Spain	303 (66.9)	150 (33.1)
France	100 (43.9)	128 (56.1)
Greek	21 (37.5)	35 (62.5)
Cyprus	46 (46.5)	53 (53.5)
Italy	30 (23.8)	96 (76.2)
Portugal	78 (30.1)	181 (69.9)

6. Work and financial support

6.1. Job status

Table 6.1. Employment status (N = 1,800)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Employed	667 (37.1)	198 (35.5)	115 (24.8)	89 (38.9)	27 (47.4)	51 (50.5)	47 (37.0)	140 (53.0)
Temporary sick leave	173 (9.6)	12 (2.2)	92 (19.8)	17 (7.4)	5 (8.8)	16 (15.8)	11 (8.7)	20 (7.6)
Permanent sick leave	93 (5.2)	24 (4.3)	44 (9.5)	9 (3.9)	0 (0.0)	1 (1.0)	0 (0.0)	15 (5.7)
Retirement	403 (22.4)	198 (35.5)	68 (14.7)	61 (26.6)	11 (19.3)	14 (13.9)	16 (12.6)	35 (13.3)
Early retirement	60 (3.3)	47 (8.4)	6 (1.3)	2 (0.9)	1 (1.8)	0 (0.0)	2 (1.6)	2 (0.8)
Unemployed	104 (5.8)	14 (2.5)	39 (8.4)	9 (3.9)	0 (0.0)	0 (0.0)	21 (16.5)	21 (8.0)
ERTE (only Spain)	30 (1.7)	-	30 (6.5)	-	-	-	-	-
Housework	64 (3.6)	10 (1.8)	18 (3.9)	10 (4.4)	3 (5.3)	9 (8.9)	8 (6.3)	6 (2.3)
Student	19 (1.1)	3 (0.5)	7 (1.5)	0 (0.0)	3 (5.3)	1 (1.0)	3 (2.4)	2 (0.8)



Other	187 (10.4)	52 (9.3)	45 (9.7)	32 (14.0)	7 (12.3)	9 (8.9)	19 (15.0)	23 (8.7)
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Table 6.2. Working area (N = 929)

	n (%)			
	National Health System	Social care including care homes	Job Centre – Department of Work and Pensions	None of the above
Overall	167 (18.0)	45 (4.8)	58 (6.2)	659 (70.9)
UK	32 (12.9)	18 (7.3)	3 (1.2)	195 (78.6)
Spain	46 (25.1)	16 (8.7)	46 (25.1)	75 (41.0)
France	30 (24.2)	1 (0.8)	7 (5.6)	86 (69.4)
Greek	1 (3.1)	0 (0.0)	0 (0.0)	31 (96.9)
Cyprus	9 (13.2)	0 (0.0)	0 (0.0)	59 (86.8)
Italy	16 (20.3)	5 (6.3)	1 (1.3)	57 (72.2)
Portugal	33 (16.9)	5 (2.6)	1 (0.5)	156 (80.0)

Table 6.3. Occupation (N = 931)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Executive and management positions	123 (13.2)	55 (22.2)	9 (4.9)	10 (8.1)	10 (31.3)	21 (30.9)	0 (0.0)	18 (9.2)
Jobs requiring a university qualification	228 (24.5)	65 (26.2)	48 (26.1)	30 (24.2)	14 (43.8)	23 (33.8)	12 (15.2)	36 (18.4)
Technical staff	88 (9.5)	17 (6.9)	29 (15.8)	12 (9.7)	3 (9.4)	6 (8.8)	6 (7.6)	15 (7.7)
Skilled non manual worker	199 (21.4)	52 (21.0)	47 (25.5)	23 (18.5)	5 (15.6)	11 (16.2)	17 (21.5)	44 (22.4)
Skilled worker in agriculture, fishing, industry and construction	17 (1.8)	5 (2.0)	7 (3.8)	1 (0.8)	0 (0.0)	1 (1.5)	1 (1.3)	2 (1.0)
Machine operators	7 (0.8)	1 (0.4)	3 (1.6)	1 (0.8)	0 (0.0)	0 (0.0)	2 (2.5)	0 (0.0)
Unskilled worker	65 (7.0)	9 (3.6)	41 (22.3)	2 (1.6)	0 (0.0)	6 (8.8)	2 (2.5)	5 (2.6)
Other	204 (21.9)	44 (17.7)	0 (0.0)	45 (36.3)	0 (0.0)	0 (0.0)	39 (49.4)	76 (38.8)

Table 6.4. Key worker during COVID-19 pandemic (N = 931)

	n (%)		
	Yes	No	Don't know/Not sure
Overall	343 (36.8)	491 (52.7)	97 (10.4)
UK	81 (32.7)	153 (61.7)	14 (5.6)
Spain	87 (47.3)	97 (52.7)	0 (0.0)
France	46 (37.1)	53 (42.7)	25 (20.2)
Greek	11 (34.4)	21 (65.6)	0 (0.0)
Cyprus	25 (36.8)	43 (63.2)	0 (0.0)
Italy	34 (43.0)	29 (36.7)	16 (20.3)
Portugal	59 (30.1)	95 (48.5)	42 (21.4)

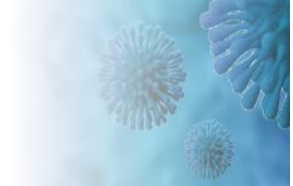


Table 6.5. Effect on work caused by the COVID-19 pandemic (N = 901)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
I continue to work by going to my regular workplace for regular work hours (like before COVID-19)	132 (14.7)	17 (6.9)	24 (15.6)	15 (12.1)	7 (21.9)	11 (16.2)	17 (21.5)	41 (20.9)
Changes have been made to the time or place of work, but I still come in person	119 (13.2)	12 (4.8)	33 (21.4)	14 (11.3)	5 (15.6)	8 (11.8)	13 (16.5)	34 (17.3)
I am teleworking (working from home)	359 (39.8)	144 (58.1)	51 (33.1)	46 (37.1)	12 (37.5)	21 (30.9)	18 (22.8)	67 (34.2)
Temporary sick leave caused by COVID-19	118 (13.1)	29 (11.7)	8 (5.2)	32 (25.8)	2 (6.3)	11 (16.2)	13 (16.5)	23 (11.7)
I've been fired because of COVID-19	33 (3.7)	2 (0.8)	4 (2.6)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.3)	26 (13.3)
I've had to close my business	28 (3.1)	12 (4.8)	4 (2.6)	1 (0.8)	0 (0.0)	1 (1.5)	5 (6.3)	5 (2.6)
I have been furloughed	112 (12.4)	32 (12.9)	30 (19.5)	16 (12.9)	6 (18.8)	16 (23.5)	12 (15.2)	0 (0.0)

Table 6.6. Risk population during COVID-19 pandemic (N = 931)

	n (%)		
	Yes	No	Don't know/Not sure
Overall	654 (70.2)	156 (16.8)	121 (13.0)
UK	157 (63.3)	50 (20.2)	41 (16.5)
Spain	153 (83.2)	31 (16.8)	0 (0.0)
France	66 (53.2)	33 (26.6)	25 (20.2)
Greek	28 (87.5)	4 (12.5)	0 (0.0)
Cyprus	56 (82.4)	12 (17.6)	0 (0.0)
Italy	43 (54.4)	10 (12.7)	26 (32.9)
Portugal	151 (77.0)	16 (8.2)	29 (14.8)

Table 6.7. Risk population advice to protect during COVID-19 pandemic (N = 1,307)

	n (%)	
	Yes	No
Overall	755 (57.8)	552 (42.2)
UK	358 (76.5)	110 (23.5)
Spain	81 (37.9)	133 (62.1)
France	61 (35.3)	112 (64.7)
Greek	45 (84.9)	8 (15.1)
Cyprus	74 (83.1)	15 (16.9)
Italy	8 (8.8)	83 (91.2)
Portugal	128 (58.4)	91 (41.6)



6.2. Financial support

Table 6.8. Entitlement to claim disability benefits (N = 1,800)

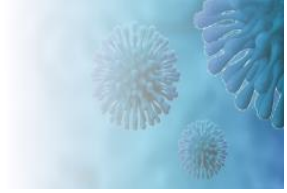
	n (%)	
	Yes	No
Overall	570 (31.7)	1230 (68.3)
UK	145 (26.0)	413 (74.0)
Spain	217 (46.8)	247 (53.2)
France	42 (18.3)	187 (81.7)
Greek	25 (43.9)	32 (56.1)
Cyprus	21 (20.8)	80 (79.2)
Italy	63 (49.6)	64 (50.4)
Portugal	57 (21.6)	207 (78.4)

Table 6.9. Entitlement to government financial support for those affected by the COVID-19 pandemic (N = 1,800)

	n (%)	
	Yes	No
Overall	158 (8.8)	1642 (91.2)
UK	52 (9.3)	506 (90.7)
Spain	25 (5.4)	439 (94.6)
France	6 (2.6)	223 (97.4)
Greek	7 (12.3)	50 (87.7)
Cyprus	26 (25.7)	75 (74.3)
Italy	26 (20.5)	101 (79.5)
Portugal	16 (6.1)	248 (93.9)

Table 6.10 Application for financial support offered to those affected by the COVID-19 pandemic (N = 1,800)

	n (%)	
	Yes	No
Overall	161 (8.1)	1639 (91.1)
UK	34 (6.1)	524 (93.9)
Spain	46 (9.9)	418 (90.1)
France	6 (2.6)	223 (97.4)
Greek	5 (8.8)	52 (91.2)
Cyprus	30 (29.7)	71 (70.3)
Italy	25 (19.7)	102 (80.3)
Portugal	15 (5.7)	249 (94.3)



7. Contact with the outdoor and house living conditions

7.1. Ability to continue with grocery shopping

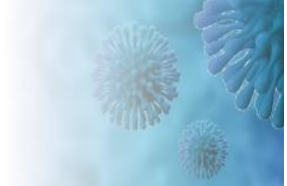
Table 7.1 Grocery shopping during the COVID-19 pandemic (N = 591)

	n (%)			
	I am going to the supermarket as usual	Someone else in my household is going to the supermarket	Someone from outside my household is bringing my groceries to me	I am ordering my groceries online or by phone
Overall	209 (35.4)	200 (33.8)	39 (6.6)	143 (24.2)
UK	34 (22.1)	44 (28.6)	11 (7.1)	65 (42.2)
Spain	6 (18.2)	21 (63.6)	3 (9.1)	3 (9.1)
France	96 (42.3)	67 (29.5)	15 (6.6)	49 (21.6)
Greek	5 (31.3)	8 (50.0)	0 (0.0)	3 (18.8)
Cyprus	15 (46.9)	9 (28.1)	2 (6.3)	6 (18.8)
Italy	14 (40.0)	15 (42.9)	0 (0.0)	6 (17.1)
Portugal	39 (41.5)	36 (38.3)	8 (8.5)	11 (11.7)

7.2. Contact with friends and relatives

Table 7.2 Communication with family or friends during COVID-19 pandemic (N = 1,717-1769)

	Phone calls - n (%)				
	On a daily basis	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	953 (53.9)	285 (16.1)	242 (13.7)	203 (11.5)	86 (4.9)
UK	205 (38.2)	117 (21.8)	82 (15.3)	89 (16.6)	43 (8.0)
Spain	299 (65.1)	72 (15.7)	48 (10.5)	25 (5.4)	15 (3.3)
France	88 (38.6)	32 (14.0)	46 (20.2)	47 (20.6)	15 (6.6)
Greek	41 (71.9)	5 (8.8)	5 (8.8)	5 (8.8)	1 (1.8)
Cyprus	71 (71.0)	13 (13.0)	11 (11.0)	5 (5.0)	0 (0.0)
Italy	83 (65.9)	13 (10.3)	15 (11.9)	11 (8.7)	4 (3.2)
Portugal	166 (63.1)	33 (12.5)	35 (13.3)	21 (8.0)	8 (3.0)
	Messaging applications - n (%)				
	On a daily basis	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	1224 (69.8)	222 (12.7)	123 (7.0)	89 (5.1)	96 (5.5)
UK	299 (55.2)	103 (19.0)	56 (10.3)	33 (6.1)	51 (9.4)
Spain	406 (89.0)	25 (5.5)	13 (2.9)	7 (1.5)	5 (1.1)
France	114 (51.8)	32 (14.5)	20 (9.1)	27 (12.3)	27 (12.3)
Greek	42 (76.4)	1 (1.8)	4 (7.3)	5 (9.1)	3 (5.5)
Cyprus	70 (74.5)	9 (9.6)	9 (9.6)	3 (3.2)	3 (3.2)
Italy	101 (80.2)	14 (11.1)	6 (4.8)	4 (3.2)	1 (0.8)
Portugal	192 (73.6)	38 (14.6)	15 (5.7)	10 (3.8)	6 (2.3)
	Videoconferencing - n (%)				
	On a daily basis	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	404 (23.4)	227 (13.1)	279 (16.2)	389 (22.5)	428 (24.8)
UK	75 (14.0)	76 (14.2)	99 (18.5)	165 (30.8)	120 (22.4)
Spain	141 (30.9)	72 (15.8)	85 (18.6)	86 (18.9)	72 (15.8)
France	28 (13.1)	16 (7.5)	24 (11.3)	45 (21.1)	100 (46.9)
Greek	17 (32.1)	5 (9.4)	5 (9.4)	10 (18.9)	16 (30.2)
Cyprus	34 (37.0)	8 (8.7)	13 (14.1)	14 (15.2)	23 (25.0)
Italy	37 (30.1)	14 (11.4)	21 (17.1)	21 (17.1)	30 (24.4)
Portugal	72 (28.2)	36 (14.1)	32 (12.5)	48 (18.8)	67 (26.3)
	Emails - n (%)				
	On a daily basis	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	418 (24.3)	197 (11.5)	224 (13.0)	196 (11.4)	682 (39.7)
UK	133 (25.0)	95 (17.8)	80 (15.0)	76 (14.3)	149 (28.0)
Spain	106 (23.8)	36 (8.1)	54 (12.1)	37 (8.3)	213 (47.8)
France	60 (27.3)	22 (10.0)	27 (12.3)	29 (13.2)	82 (37.3)
Greek	15 (27.8)	8 (14.8)	6 (11.1)	6 (11.1)	19 (35.2)



Cyprus	24 (25.5)	9 (9.6)	11 (11.7)	16 (17.0)	34 (36.2)
Italy	18 (15.5)	10 (8.6)	12 (10.3)	11 (9.5)	65 (56.0)
Portugal	62 (24.4)	17 (6.7)	34 (13.4)	21 (8.3)	120 (47.2)
	Social Networks - n (%)				
	On a daily basis	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	926 (53.6)	153 (8.9)	134 (7.8)	106 (6.1)	409 (23.7)
UK	200 (37.6)	65 (12.2)	47 (8.8)	44 (8.3)	176 (33.1)
Spain	260 (58.2)	31 (6.9)	32 (7.2)	20 (4.5)	104 (23.3)
France	115 (52.5)	13 (5.9)	18 (8.2)	13 (5.9)	60 (27.4)
Greek	34 (64.2)	5 (9.4)	4 (7.5)	4 (7.5)	6 (11.3)
Cyprus	69 (69.7)	8 (8.1)	6 (6.1)	6 (6.1)	10 (10.1)
Italy	74 (62.2)	9 (7.6)	4 (3.4)	5 (4.2)	27 (22.7)
Portugal	174 (67.2)	22 (8.5)	23 (8.9)	14 (5.4)	26 (10.0)

7.3. Contact with external environment

Table 7.3 Frequency of walking outdoors during the COVID-19 pandemic (N = 1,800)

	n (%)				
	Every day	5 days a week	2-4 days a week	One day or less	Never
Overall	490 (27.2)	91 (5.1)	272 (15.1)	492 (27.3)	455 (25.3)
UK	214 (38.4)	47 (8.4)	88 (15.8)	61 (10.9)	148 (26.5)
Spain	62 (13.4)	18 (3.9)	69 (14.9)	163 (35.1)	152 (32.8)
France	50 (21.8)	13 (5.7)	50 (21.8)	73 (31.9)	43 (18.8)
Greek	39 (68.4)	1 (1.8)	11 (19.3)	4 (7.0)	2 (3.5)
Cyprus	68 (67.3)	4 (4.0)	8 (7.9)	10 (9.9)	11 (10.9)
Italy	17 (13.4)	3 (2.4)	19 (15.0)	51 (40.2)	37 (29.1)
Portugal	40 (15.2)	5 (1.9)	27 (10.2)	130 (49.2)	62 (23.5)

Table 7.4 Having a dog in the house (N = 1,800)

	n (%)	
	Yes	No
Overall	547 (30.4)	1253 (69.6)
UK	155 (27.8)	403 (72.2)
Spain	141 (30.4)	323 (69.6)
France	74 (32.3)	155 (67.7)
Greek	16 (28.1)	41 (71.9)
Cyprus	32 (31.7)	69 (68.3)
Italy	35 (27.6)	92 (72.4)
Portugal	94 (35.6)	170 (64.4)

Table 7.5 Walk with a dog during COVID-19 pandemic (N = 546)

	n (%)	
	Yes	No
Overall	262 (48.0)	284 (52.0)
UK	82 (52.9)	73 (47.1)
Spain	55 (39.0)	86 (61.0)
France	39 (52.7)	35 (47.3)
Greek	13 (81.3)	3 (18.8)
Cyprus	25 (78.1)	7 (21.9)
Italy	10 (28.6)	25 (71.4)
Portugal	38 (40.9)	55 (59.1)

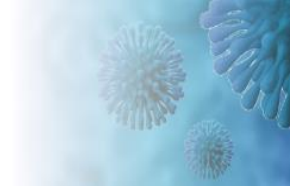


Table 7.6 Staying in a natural environment during the COVID-19 pandemic (N = 1,429)

	n (%)	
	Yes	No
Overall	563 (39.4)	866 (60.6)
UK	288 (51.9)	267 (48.1)
Spain	34 (34.3)	65 (65.7)
France	58 (25.4)	170 (74.6)
Greek	27 (47.4)	30 (52.6)
Cyprus	25 (24.8)	76 (75.2)
Italy	11 (8.7)	116 (91.3)
Portugal	120 (45.8)	142 (54.2)

7.4. Assessment of lockdown circumstances

Table 7.8 Element in home that facilitate contact with the external world (N = 1,798)

	n (%)						
	Balcony	Terrace	Private rooftop	Communal rooftop terrace	Private garden	None of the above	Other
Overall	628 (34.9)	391 (21.7)	118 (6.6)	88 (4.9)	866 (48.2)	203 (11.3)	90 (5.0)
UK	32 (5.8)	18 (3.2)	0 (0.0)	2 (0.4)	458 (82.4)	63 (11.3)	28 (5.0)
Spain	196 (42.2)	170 (36.6)	42 (9.1)	56 (12.1)	98 (21.1)	81 (17.5)	10 (2.2)
France	50 (21.8)	59 (25.8)	4 (1.7)	1 (0.4)	149 (65.1)	24 (10.5)	15 (6.6)
Greek	40 (70.2)	17 (29.8)	6 (10.5)	5 (8.8)	12 (21.1)	0 (0.0)	0 (0.0)
Cyprus	48 (47.5)	59 (58.4)	5 (5.0)	2 (2.0)	33 (32.7)	6 (5.9)	2 (2.0)
Italy	90 (70.9)	35 (27.6)	14 (11.0)	15 (11.8)	31 (24.4)	4 (3.1)	5 (3.9)
Portugal	172 (65.2)	33 (12.5)	47 (17.8)	7 (2.7)	85 (32.2)	25 (9.5)	30 (11.4)

8. Access to supportive services and reliable information

8.1. Source of COVID-19-related information

Table 8.1. Information received about how COVID-19 may affect rheumatic disease (N = 1,718)

	n (%)					
	Patient Organization	Scientific Societies for Rheumatology	General Practitioner	Rheumatologist	Not received information	Other
Overall	475 (27.6)	190 (11.1)	256 (14.9)	418 (24.3)	784 (45.6)	76 (4.4)
UK	174 (31.2)	49 (8.8)	100 (17.9)	198 (35.5)	185 (33.2)	76 (13.6)
Spain	141 (31.5)	59 (13.2)	28 (6.3)	59 (13.2)	254 (56.7)	0 (0.0)
France	35 (16.7)	27 (12.9)	56 (26.7)	45 (21.4)	112 (53.3)	0 (0.0)
Greek	10 (18.5)	9 (16.7)	6 (11.1)	25 (46.3)	21 (38.9)	0 (0.0)
Cyprus	23 (23.7)	4 (4.1)	9 (9.3)	31 (32.0)	48 (49.5)	0 (0.0)
Italy	39 (33.3)	19 (16.2)	19 (16.2)	19 (16.2)	50 (42.7)	0 (0.0)
Portugal	53 (22.6)	23 (9.8)	38 (16.2)	41 (17.5)	114 (48.7)	0 (0.0)

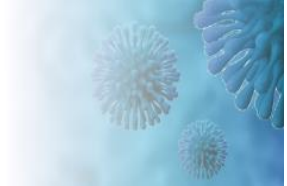
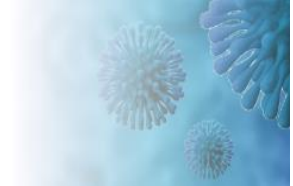


Table 8.2. Evaluation of quality for Information received about how COVID-19 may affect rheumatic disease (N = 1,276)

	N	Mean	SD	Median
Overall	1276	2.8	1.6	3.0
UK	373	3.2	1.4	3.0
Spain	261	2.4	1.5	2.5
France	117	2.9	1.4	3.0
Greek	57	2.5	1.9	3.0
Cyprus	101	2.6	1.8	3.0
Italy	127	2.2	1.8	2.0
Portugal	240	2.9	1.7	3.0

Table 8.3. Frequency and type of information requested about the COVID-19 pandemic (N = 1,768-1,791)

	On the latest development of COVID-19 - n (%)				
	Every day	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	926 (51.7)	224 (12.5)	210 (11.7)	218 (12.2)	213 (11.9)
UK	249 (44.7)	86 (15.4)	79 (14.2)	81 (14.5)	62 (11.1)
Spain	307 (66.6)	50 (10.8)	50 (10.8)	22 (4.8)	32 (6.9)
France	71 (31.4)	33 (14.6)	30 (13.3)	38 (16.8)	54 (23.9)
Greek	13 (23.2)	10 (17.9)	5 (8.9)	18 (32.1)	10 (17.9)
Cyprus	31 (30.7)	12 (11.9)	6 (5.9)	18 (17.8)	34 (33.7)
Italy	68 (54.0)	14 (11.1)	16 (12.7)	18 (14.3)	10 (7.9)
Portugal	187 (70.8)	19 (7.2)	24 (9.1)	23 (8.7)	11 (4.2)
	Medical information about COVID-19- n (%)				
	Every day	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	470 (26.5)	233 (13.1)	277 (15.6)	391 (22.0)	403 (22.7)
UK	115 (20.8)	76 (13.7)	108 (19.5)	147 (26.6)	107 (19.3)
Spain	176 (38.6)	62 (13.6)	59 (12.9)	61 (13.4)	98 (21.5)
France	41 (18.3)	33 (14.7)	37 (16.5)	54 (24.1)	59 (26.3)
Greek	5 (8.8)	7 (12.3)	8 (14.0)	21 (36.8)	16 (28.1)
Cyprus	18 (18.2)	10 (10.1)	5 (5.1)	22 (22.2)	44 (44.4)
Italy	50 (40.3)	14 (11.3)	22 (17.7)	27 (21.8)	11 (8.9)
Portugal	65 (24.9)	31 (11.9)	38 (14.6)	59 (22.6)	68 (26.1)
	About the restrictions, recommendations, financial support, or related - n (%)				
	Every day	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	695 (39.1)	234 (13.2)	263 (14.8)	306 (17.2)	278 (15.7)
UK	123 (22.3)	79 (14.3)	105 (19.1)	136 (24.7)	108 (19.6)
Spain	285 (62.0)	51 (11.1)	62 (13.5)	32 (7.0)	30 (6.5)
France	45 (20.2)	32 (14.3)	27 (12.1)	61 (27.4)	58 (26.0)
Greek	15 (26.3)	9 (15.8)	8 (14.0)	14 (24.6)	11 (19.3)
Cyprus	25 (25.3)	14 (14.1)	7 (7.1)	12 (12.1)	41 (41.4)
Italy	72 (57.6)	13 (10.4)	19 (15.2)	18 (14.4)	3 (2.4)
Portugal	130 (49.8)	36 (13.8)	35 (13.4)	33 (12.6)	27 (10.3)
	On the evolution of the economy - n (%)				
	Every day	More than 3 times a week	2-3 times a week	Once a week	Never/almost never
Overall	609 (34.4)	227 (12.8)	284 (16.1)	341 (19.3)	307 (17.4)
UK	98 (17.9)	76 (13.9)	105 (19.2)	153 (28.0)	114 (20.9)
Spain	240 (52.4)	58 (12.7)	67 (14.6)	42 (9.2)	51 (11.1)
France	65 (29.1)	26 (11.7)	27 (12.1)	48 (21.5)	57 (25.6)
Greek	19 (33.3)	9 (15.8)	4 (7.0)	16 (28.1)	9 (15.8)
Cyprus	20 (20.2)	13 (13.1)	8 (8.1)	24 (24.2)	34 (34.3)
Italy	57 (45.6)	15 (12.0)	15 (12.0)	25 (20.0)	13 (10.4)
Portugal	110 (42.3)	30 (11.5)	58 (22.3)	33 (12.7)	29 (11.2)



8.2. Type of support received by patient organizations

Table 8.4. Member of a patient organization (N = 1,798)

	n (%)	
	Yes	No
Overall	748 (41.6)	1050 (58.4)
UK	236 (42.4)	320 (57.6)
Spain	206 (44.4)	258 (55.6)
France	55 (24.0)	174 (76.0)
Greek	27 (47.4)	30 (52.6)
Cyprus	68 (67.3)	33 (32.7)
Italy	67 (52.8)	60 (47.2)
Portugal	89 (33.7)	175 (66.3)

Table 8.5. Information received by the patient association (N = 331)

	n (%)					
	Psychological support	Provide disease-related information	Home delivery of treatments	Provide information on COVID-19	Help you to access your doctor online or virtually	Help you to manage your disease or lifestyle through digital approaches
Overall	69 (20.8)	186 (56.2)	56 (16.9)	195 (58.9)	37 (11.2)	84 (25.4)
UK	5 (15.2)	10 (30.3)	6 (18.2)	24 (72.7)	6 (18.2)	8 (24.2)
Spain	13 (39.4)	28 (84.8)	15 (45.5)	21 (63.6)	11 (33.3)	20 (60.6)
France	9 (23.7)	25 (65.8)	1 (2.6)	31 (81.6)	4 (10.5)	9 (23.7)
Greek	3 (11.1)	11 (40.7)	0 (0.0)	6 (22.2)	1 (3.7)	6 (22.2)
Cyprus	3 (4.4)	19 (27.9)	0 (0.0)	38 (55.9)	4 (5.9)	4 (5.9)
Italy	26 (51.0)	33 (64.7)	11 (21.6)	23 (45.1)	5 (9.8)	12 (23.5)
Portugal	10 (12.3)	60 (74.1)	23 (28.4)	52 (64.2)	6 (7.4)	25 (30.9)

9. Contact with COVID-19

Table 9.1. Relation to COVID-19 pandemic (N = 1,800)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
I tested positive, but I've already recovered	9 (0.5)	2 (0.4)	2 (0.4)	3 (1.3)	0 (0.0)	0 (0.0)	0 (0.0)	2 (0.8)
I tested positive and am currently in the hospital	3 (0.2)	1 (0.2)	1 (0.2)	1 (0.4)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
I tested positive and am currently in-home quarantine	7 (0.4)	2 (0.4)	5 (1.1)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
I haven't been tested but I had symptoms and was assessed by a health professional over the phone	51 (2.8)	11 (2.0)	23 (5.0)	11 (4.8)	1 (1.8)	1 (1.0)	2 (1.6)	2 (0.8)
I haven't been tested or diagnosed, but I had symptoms and have now recovered	108 (6.0)	37 (6.6)	32 (6.9)	14 (6.1)	2 (3.5)	1 (1.0)	9 (7.1)	13 (4.9)
I haven't been tested or diagnosed, but I currently have symptoms	36 (2.0)	5 (0.9)	18 (3.9)	3 (1.3)	1 (1.8)	0 (0.0)	6 (4.7)	3 (1.1)
I have not had any symptoms	1586 (88.1)	500 (89.6)	383 (82.5)	197 (86.0)	53 (93.0)	99 (98.0)	110 (86.6)	244 (92.4)

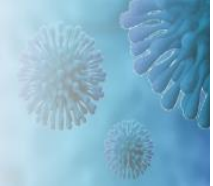
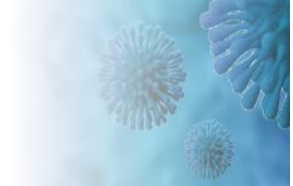


Table 9.2. Relative relationship to COVID-19 (N = 1,509)

	n (%)							
	Overall	UK	Spain	France	Greek	Cyprus	Italy	Portugal
Spouse	25 (1.7)	10 (1.8)	7 (3.8)	7 (3.1)	0 (0.0)	0 (0.0)	0 (0.0)	1 (0.4)
Partner	11 (0.7)	4 (0.7)	6 (3.3)	1 (0.4)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Grandfather / Grandmother	6 (0.4)	0 (0.0)	2 (1.1)	3 (1.3)	0 (0.0)	0 (0.0)	1 (0.8)	0 (0.0)
Father / Mother	25 (1.7)	8 (1.4)	9 (4.9)	7 (3.1)	0 (0.0)	0 (0.0)	0 (0.0)	1 (0.4)
Son / Daughter	57 (3.8)	33 (6.0)	14 (7.7)	8 (3.6)	0 (0.0)	0 (0.0)	2 (1.6)	0 (0.0)
Brother / Sister	44 (2.9)	16 (2.9)	14 (7.7)	8 (3.6)	0 (0.0)	0 (0.0)	2 (1.6)	4 (1.5)
Grandson / Granddaughter	10 (0.7)	5 (0.9)	2 (1.1)	3 (1.3)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Cousin	64 (4.2)	7 (1.3)	32 (17.6)	8 (3.6)	0 (0.0)	3 (3.0)	5 (3.9)	9 (3.4)
Uncle / Aunt	56 (3.7)	14 (2.5)	31 (17.0)	4 (1.8)	1 (1.8)	3 (3.0)	2 (1.6)	1 (0.4)
Nephew / Niece	40 (2.7)	18 (3.3)	13 (7.1)	8 (3.6)	0 (0.0)	1 (1.0)	0 (0.0)	0 (0.0)
Father-in-law / Mother-in-law	20 (1.3)	6 (1.1)	11 (6.0)	2 (0.9)	0 (0.0)	0 (0.0)	0 (0.0)	1 (0.4)
None of my relatives have contracted COVID-19	1231 (81.6)	452 (81.7)	74 (40.7)	189 (84.0)	56 (98.2)	95 (94.1)	117 (92.1)	248 (93.9)

Table 9.3. Health status of family member infected with COVID-19 (N = 39 - 283)

	First family n (%)				
	They recovered without long term damage to their health	They recovered but with long term damage to their health	They have been admitted to hospital	They are in quarantine at home	They have passed away
Overall	147 (53.6)	24 (8.8)	18 (6.6)	43 (15.7)	42 (15.3)
UK	71 (71.0)	4 (4.0)	3 (3.0)	4 (4.0)	18 (18.0)
Spain	41 (38.7)	7 (6.6)	14 (13.2)	31 (29.2)	13 (12.3)
France	19 (54.3)	9 (25.7)	1 (2.9)	0 (0.0)	6 (17.1)
Greek	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (100.0)
Cyprus	2 (33.3)	1 (16.7)	0 (0.0)	2 (33.3)	1 (16.7)
Italy	2 (20.0)	1 (10.0)	0 (0.0)	4 (40.0)	3 (30.0)
Portugal	12 (75.0)	2 (12.5)	0 (0.0)	2 (12.5)	0 (0.0)
	Second family n (%)				
	They recovered without long term damage to their health	They recovered but with long term damage to their health	They have been admitted to hospital	They are in quarantine at home	They have passed away
Overall	49 (71.0)	6 (8.7)	2 (2.9)	6 (8.7)	6 (8.7)
UK	29 (87.9)	0 (0.0)	1 (3.0)	2 (6.1)	1 (3.0)
Spain	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
France	11 (55.0)	5 (25.0)	1 (5.0)	0 (0.0)	3 (15.0)
Greek	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Cyprus	1 (25.0)	0 (0.0)	0 (0.0)	2 (50.0)	1 (25.0)
Italy	1 (33.3)	0 (0.0)	0 (0.0)	1 (33.3)	1 (33.3)
Portugal	7 (77.8)	1 (11.1)	0 (0.0)	1 (11.1)	0 (0.0)
	Third family n (%)				
	They recovered without long term damage to their health	They recovered but with long term damage to their health	They have been admitted to hospital	They are in quarantine at home	They have passed away
Overall	29 (74.4)	2 (5.1)	1 (2.6)	5 (12.8)	2 (5.1)
UK	13 (92.9)	0 (0.0)	0 (0.0)	1 (7.1)	0 (0.0)
Spain	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
France	7 (58.3)	2 (16.7)	1 (8.3)	0 (0.0)	2 (16.7)
Greek	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Cyprus	1 (33.3)	0 (0.0)	0 (0.0)	2 (66.7)	0 (0.0)



Italy	1 (50.0)	0 (0.0)	0 (0.0)	1 (12.5)	0 (0.0)
Portugal	7 (87.5)	0 (0.0)	0 (0.0)	1 (12.5)	0 (0.0)

Table 9.4 Living with a family member with COVID-19 (N = 1,800)

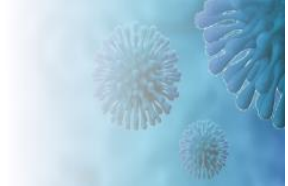
	n (%)		
	Yes, they are in isolation	Yes, but they are unable to isolate	No
Overall	19 (1.1)	19 (1.1)	1762 (97.9)
UK	10 (1.8)	5 (0.9)	543 (97.3)
Spain	6 (1.3)	8 (1.7)	450 (97.0)
France	2 (0.9)	6 (2.6)	221 (96.5)
Greek	0 (0.0)	0 (0.0)	57 (100.0)
Cyprus	0 (0.0)	0 (0.0)	101 (100.0)
Italy	0 (0.0)	0 (0.0)	127 (100.0)
Portugal	1 (0.4)	0 (0.0)	263 (99.6)

10. COVID-19 related hopes and fears

10.1 Concerns

Table 10.1. Concerns during COVID-19 pandemic

	That I am more likely to be infected because of the condition I live with			
	N	Mean	SD	Median
Overall	1721	2.8	1.7	3.0
UK	547	2.8	1.8	3.0
Spain	427	2.8	1.6	2.5
France	223	2.7	1.8	3.0
Greek	56	2.3	1.8	2.5
Cyprus	95	2.1	1.7	2.0
Italy	125	3.1	1.6	3.0
Portugal	248	3.1	1.6	3.0
	That the treatment I take means I am more likely to get severe disease if I get infected with COVID-19			
	N	Mean	SD	Median
Overall	1719	2.8	1.8	3.0
UK	548	3.1	1.8	4.0
Spain	424	2.6	1.7	2.5
France	223	2.8	1.8	3.0
Greek	56	2.7	1.7	3.0
Cyprus	97	2.3	1.7	3.0
Italy	123	2.6	1.8	3.0
Portugal	248	2.7	1.8	3.0
	That medication may not reach my country			
	N	Mean	SD	Median
Overall	1722	2.4	1.8	2.3
UK	547	1.8	1.6	2.0
Spain	428	2.7	1.8	2.5
France	223	2.0	1.9	2.0
Greek	56	3.0	1.8	3.0
Cyprus	97	2.7	1.7	3.0
Italy	124	3.0	1.9	3.5
Portugal	247	2.6	1.8	3.0
	That there will be a significant impact on healthcare in the future			
	N	Mean	SD	Median
Overall	1722	3.1	1.6	3.0
UK	548	3.0	1.6	3.0

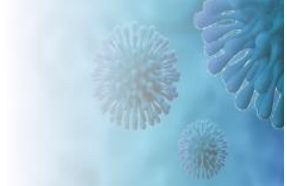


Spain	426	3.1	1.6	3.0
France	222	2.8	1.8	3.0
Greek	56	3.0	1.5	3.0
Cyprus	97	2.9	1.7	3.0
Italy	125	3.7	1.6	4.0
Portugal	248	3.4	1.4	4.0
	That I will lose my job			
	N	Mean	SD	Median
Overall	1670	1.5	1.9	0.0
UK	531	1.0	1.6	0.0
Spain	404	1.9	1.9	1.5
France	219	1.2	1.9	0.0
Greek	56	1.9	1.9	2.0
Cyprus	94	1.7	2.0	1.0
Italy	121	1.8	2.0	1.0
Portugal	245	2.0	1.9	2.0
	That there will be civil disorder			
	N	Mean	SD	Median
Overall	1710	2.0	1.6	2.0
UK	542	1.2	1.4	1.0
Spain	422	2.0	1.5	2.0
France	221	2.1	1.6	2.0
Greek	56	2.3	1.6	2.0
Cyprus	96	2.7	1.7	3.0
Italy	125	2.4	1.7	2.0
Portugal	248	2.9	1.6	3.0

10.2 Hopes

Table 10.2. Hopes during COVID-19 pandemic

	Availability of a treatment or vaccine suitable for COVID-19			
	N	Mean	SD	Median
Overall	1391	3.2	1.5	3.0
UK	546	3.2	1.3	3.0
Spain	97	3.4	1.5	4.0
France	222	3.2	1.9	4.0
Greek	56	2.7	1.4	3.0
Cyprus	97	2.3	1.5	2.0
Italy	124	3.1	1.5	3.0
Portugal	249	3.5	1.3	4.0
	To be able to go out as before the COVID-19 pandemic			
	N	Mean	SD	Median
Overall	1390	3.1	1.5	3.0
UK	546	2.9	1.5	3.0
Spain	97	2.9	1.5	3.0
France	223	4.1	1.4	5.0
Greek	55	2.9	1.4	3.0
Cyprus	97	2.8	1.4	3.0
Italy	124	3.0	1.5	3.0
Portugal	248	3.2	1.4	3.0
	To be able to travel as before the COVID-19 pandemic			
	N	Mean	SD	Median
Overall	1386	2.8	1.6	3.0
UK	542	2.6	1.5	3.0
Spain	96	2.7	1.6	3.0
France	222	3.7	1.6	5.0
Greek	56	2.5	1.6	2.0
Cyprus	97	2.3	1.6	2.0
Italy	125	2.6	1.5	3.0
Portugal	248	2.8	1.6	3.0



	Maintain and even improve my current economic situation after the COVID-19 pandemic			
	N	Mean	SD	Median
Overall	1386	2.6	1.7	3.0
UK	543	2.6	1.6	3.0
Spain	97	2.0	1.9	2.0
France	221	3.5	1.7	4.0
Greek	56	2.4	1.5	2.5
Cyprus	97	2.3	1.6	2.0
Italy	125	2.0	1.6	2.0
Portugal	247	2.5	1.6	3.0
	To be able to continue my treatment as usual			
	N	Mean	SD	Median
Overall	1383	3.7	1.4	4.0
UK	543	3.8	1.3	4.0
Spain	95	3.9	1.4	4.0
France	223	3.9	1.6	5.0
Greek	55	3.4	1.4	3.0
Cyprus	96	3.4	1.4	4.0
Italy	125	3.6	1.3	4.0
Portugal	246	3.5	1.4	4.0
	I don't get COVID-19 and my health stays the same			
	N	Mean	SD	Median
Overall	1368	3.5	1.5	4.0
UK	535	3.4	1.4	3.0
Spain	95	3.5	1.6	4.0
France	219	4.0	1.6	5.0
Greek	56	3.5	1.5	4.0
Cyprus	95	3.4	1.7	4.0
Italy	122	3.4	1.5	3.5
Portugal	246	3.3	1.4	3.0