

Emily Clarke BSc(Hons) MCSP



Physiotherapist Specialised in Axial SpA

Emily has specialised in Rheumatology and axial SpA for over 10 years and has co-authored publications on sleep in Axial SpA. Working at the Royal National Hospital for Rheumatic Diseases in Bath until 2019, Emily delivered the 2-week residential self-management programme for Axial SpA.

Emily runs virtual exercise sessions for the Bath and Bristol NASS branches and as a member of the AStretch committee, is dedicated to the upskilling of health professionals in recognition and management of Axial SpA.

Recently appointed as a Clinical Specialist for Good Boost Wellbeing Ltd, Emily is contributing to the development of digital self-management tools for Axial SpA.