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| **NASS Branch Assessment for Physical Meetings** |
| **Branch Name** | NASS XX Branch | **Venue Manager** | Staff - Pool Chair -  |
| **Exercise Venue** |  | **Lead Physiotherapist** |  |
| **Meeting Day** | e.g. Wednesdays | **Expected Participants** | e.g. 6 (including physio)  |
| **Start/Finish Times** | e.g. 19.45 till 20.15 and 20.15 till 20.45 | **Outline of Activities** | e.g. Hydrotherapy initially but looking into restarting Gym sessions |
| **Hazard and Risk Identified** | **Risk Control Measures** |
| **Members arrive at venue with COVID-19** | All members are sent details of COVID19 symptoms and instructed not to attend if showing any symptoms or have any doubts. Additional information provided on circumstances when they should not attend |
| **Will members be aware of the rules that they will need to strictly adhere to whilst attending sessions?** | NASS guide explaining procedure for attending sessions will be sent to each member and their confirmation of understanding confirmed before they attend. Rules of the venue will be distributed to each member and understanding confirmed before they attend.Understanding that if members do not follow the rules they may not be able to attend future sessions. |
| **In case of need, will attendee details be recorded for track and trace purposes?** | A record of all attendees at each session will be made. All attendee details are contained in NASS XX database. |
| **What are cleanliness precautions?** | Rules set by the venue to be included heree.g. Hands to be sanitized before entry to the pool building and all contact surfaces are to be wiped by pool staff before and after each session  |
| **What are the social distancing measures to be adopted?** | Rules set by the venue to be included heree.g. Inside the building and changing rooms masks are to be worn and min 2 meters distance between each attendee is to be maintained at all times.  |
| **What are the precautions for using equipment?** | Rules set by the venue to be included here. It may be that each member has to bring their own clearly marked equipment or that there are specific cleaning requirements set by the venue which must be adhered to. |
| **What social distancing measures to be adopted in the venue?** | Specific numbers allowed in the venue should be included here, the distance members should keep from each other in the venue including any specific measures in changing rooms versus the pool or hall and the type of exercises which are acceptable. Reference could be made here to rotas e.g. A, B or C groups |
| **What if First Aid required during a session?** | e.g. At least one qualified First Aider will be present for each session. All pool staff are First aiders |
| **What if an emergency (fire etc) occurs during a session?** | All attendees will be aware of emergency procedures. |
| **What precautions to be taken when using the showers and changing rooms** | Rules set by the venue to be included here. |
| **How will sessions be controlled and ensure safety?** | Each session will be controlled by a qualified physiotherapist  |
| **What if one of the attendees shows COVID19 symptoms or feels unwell during a session?** | e.g. Prior to entering the pool all participants will have verbal health check before entering the pool. However, if they have entered the pool and then feel unwell attendee to leave the pool immediately. physio to be advised as soon as possible of occurrence. If any members of the group have been in close contact for more than 15 mins, they will be asked to self isolate for 14 days.  |
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**Completed by**

**XXX Named person from branch and named physio and / or staff member from venue**